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***Cultural Competency, Equity,  
Anti-Racism/Anti-Oppression  
In Mental Health/Addiction***

**Two-Day Training Workshop**

September 25 and 26, 2009  
January 8<sup>th</sup> and 9<sup>th</sup> 2010  
March 26 and 27, 2010

Place: Across Boundaries  
51 Clarkson Ave.  
Toronto M6E 2T5

Contact: Martha Ocampo  
416 787-3007 ext 224; [martha@acrossboundaries.ca](mailto:martha@acrossboundaries.ca)

The workshop will be very interactive and participatory using creative activities and exercises while going through a collective learning process.

### Day 1

#### Goals and Objectives

- Develop a common language to address diversity, cultural competency ,inclusion, social justice, equity, anti-racism/anti-oppression
- Engage in critical understanding of intersecting oppressions
- Foster an understanding of the workings of power and privilege in individual, organizational and systemic contexts
- Begin to discuss best practices for a holistic client-centred service delivery

### Day 2

#### Goals and Objectives

- Develop a holistic understanding of mental health/addictions and its various determinants in relation to social, economic, cultural, environmental and spiritual factors.
- Gain practical knowledge of the anti-racism/anti-oppression framework and cultural competency for mental health/addiction service delivery through case studies
- Enhance the capacities of your organization to develop a recovery -oriented holistic model of care within an anti-racism/anti-oppression framework

About the Facilitator...

**Martha Ocampo** is the former Co-director of Programs and Services at Across Boundaries (AB), now the Manager for Education and Resource; Played a key role in developing the Centre's Holistic Model of Care within an Anti-Racism/Anti-Oppression Framework; Integrates indigenous practices, art, politics, spirituality and community involvement in developing services and programs that enhance healing and recovery; Has a long history of providing educational and training workshops at mental health agencies, colleges, universities and the general public and; Developed a Leadership and Advocacy Training for marginalized groups.

# Registration Form

## How to register:

### **Registration Fee:**

\$125.00 for two days

\$ 75.00 for one day

Across Boundaries will be willing to sponsor two (2) consumers from racialized communities for the training. Please contact Martha Ocampo directly.

**Target Audience:** health care providers, consumers, family members, policy makers, managers and directors.

Registration for the training will be limited to a maximum of 20

**Registrants will be requested to respond to pre-screening questionnaire.**

Light lunch and refreshment will be provided

Please mail a completed registration form by **Sept.11, 2009** to:

**Across Boundaries**

**51 Clarkson Ave.**

**Toronto, M6E 2T5**

Please make cheque payable to: Across Boundaries

Name: \_\_\_\_\_

Agency: \_\_\_\_\_

Position: \_\_\_\_\_

Phone : \_\_\_\_\_ FAX: \_\_\_\_\_

E:Mail: \_\_\_\_\_

Address: \_\_\_\_\_