An Ethnoracial
Mental Health Centre

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ANNUAL REPORT

2011– 2012

Seventeenth Annual

General Meeting

Tuesday, October 30th, 2012

at

Across Boundaries

51 Clarkson Ave., Toronto, ON., M6E 2T5

Seventeenth Annual General Meeting
Tuesday, October 30th, 2012
Held at 51 Clarkson Ave., Toronto, ON., M6E 2T5

AGENDA

1. Welcome from the Chair

2. Approval of the Agenda

3. Approval of Previous Year's Minutes

4. Executive Director Report

5. Treasurer's Report
   - Acceptance of Financial Report
   - Appointment of Auditor

6. Nominations Committee Report
   - Election of Board of Directors

7. Other Business: By-Law Amendments

8. Adjournment and Thanks

9. Guest Speaker : ***Jennifer M. Poole, Associate Professor, School of Social Work - Ryerson University, Author of ' Behind the Rhetoric: Mental Health Recovery in Ontario'***

"The more you praise and celebrate your life, the more there is in life to celebrate".

- Oprah Winfrey

VISION

Dignified, inclusive and compassionate mental health and addiction services for racialized communities.

MISSION

To provide equitable, inclusive and holistic mental health and addiction services for racialized communities within an anti-racism/anti-oppression framework.

OUR GOALS

Across Boundaries recognizes that…

- Racism and racial discrimination impacts on the health and mental health of individuals and communities of colour.
- Individual and systematic racism is a barrier to accessing health and mental health care for people of color.
- There is diversity among people of color who, in addition to race, may also be discriminated against based on their religion, language, ethnicity, class, gender, sexual orientation, disabilities, age, country of origin and citizenship status.

OUR VALUES:

Equity
We recognize the intersectionality of identities among people of colour, and address the disparities related to social location by providing services that reflect the needs and realities of our clients.

Transparency
*We are accountable to our clients **and to the communities we serve** and provide respectful services and programs.*

Client-Centered
We recognize the importance of the whole person, and the role of the family and community in their recovery and wellness.

Collaborative
We work in partnership with individuals, families, communities and other agencies to build capacity and address the needs of our clients and support their health and recovery.

Innovative
*At Across Boundaries, we are responsive to the ever-changing realities. We include a variety of **healing approaches** to **help achieve and maintain wellness** in ways that are meaningful and relevant to the lived experiences, and cultures of our clients.*

Holistic
We believe in addressing the interdependence of the spiritual, emotional, mental, physical, social, cultural, linguistic, economic and broader environmental aspects of health that affect the well being of people of colour.

BOARD CHAIR & EXECUTIVE DIRECTOR'S REPORT

October 30, 2012

It is with pleasure and pride that we submit our report for the fiscal year of April 2011 – March 2012. Each of Across Boundaries 17 years of operation has been one of growth, learning, and great satisfaction. This past year was no exception. As a Board, we are continuing to look to the future in order to ensure that Across Boundaries is always reflective of the communities we serve, as well as responsive to their needs. The city's demographics are continually in flux, and the increase in racialized populations makes it imperative that Across Boundaries and other like organizations ensure the appropriate care is provided at all times. To achieve this, it is essential that we maintain our focus on recognizing the impacts of immigration, settlement, poverty, sexuality, education, and many other social determinants of health on the mental health and lives of racialized peoples.

A significant aspect of our work last year was developing our future strategic directions by engaging with our clients, staff, key stakeholders, and funders. Not only did this engagement help to inform our future plans (please refer to the Annual Report for a copy of the strategies we plan to implement during the period of 2013 - 2015), it also highlighted the many areas in which we are achieving our goals when working with racialized communities. Across Boundaries is dedicated to honouring our ongoing commitment to social justice, and that the work that we do to reduce disparities in healthcare and to remove barriers to accessing care is all highly valued and very much in demand.

A considerable portion of our time this year has also been allotted toward Board governance training. We have made this commitment so that Board members will view our work and make decisions for the organization through the same two lenses of fiduciary responsibility; and of an anti-racism, anti-oppression framework. These perspectives combine to ensure that Across Boundaries is not only accountable and transparent to our founders and to the public, but also to ensure that the decisions we make (particularly as they apply to our clients and staff) are coming from a place of integrity, impartiality, and fairness.

As an organization, we have been heavily involved in consultations at a systemic level, providing input in policy decisions as well as strategizing collectively to ensure that the voices of our membership are heard and included in a meaningful way. Some examples of our involvement include: strategic directions for the Mental Health Strategy of Canada; participation in the think tank on A Collaborative Approach to Suicide Prevention; and membership on the International Knowledge Exchange Network for Mental Health. These all served as opportunities for us to center the experiences of people from marginalized and racialized communities within greater conversations and initiatives concerning mental health.

Our involvement in the At Home/Chez Soi project (please refer to the Programs and Services Report for more details) has resulted in the creation of an Anti-Racism/Anti-Oppression Assessment Guide (in combination with the researchers of CRICH (Centre for Research on Inner City Health), and many individuals who provided input during our development of the Guide and covers aspects such as: commitment to anti-racism/anti-oppression; training; recruitment and retention; program participant/community and staff engagement; and holistic treatment. This guide draws upon all of our years of experience and vision, and we are confident that it will become a valued resource which enables other organizations to work in a meaningful way with individuals who are the most under-served.

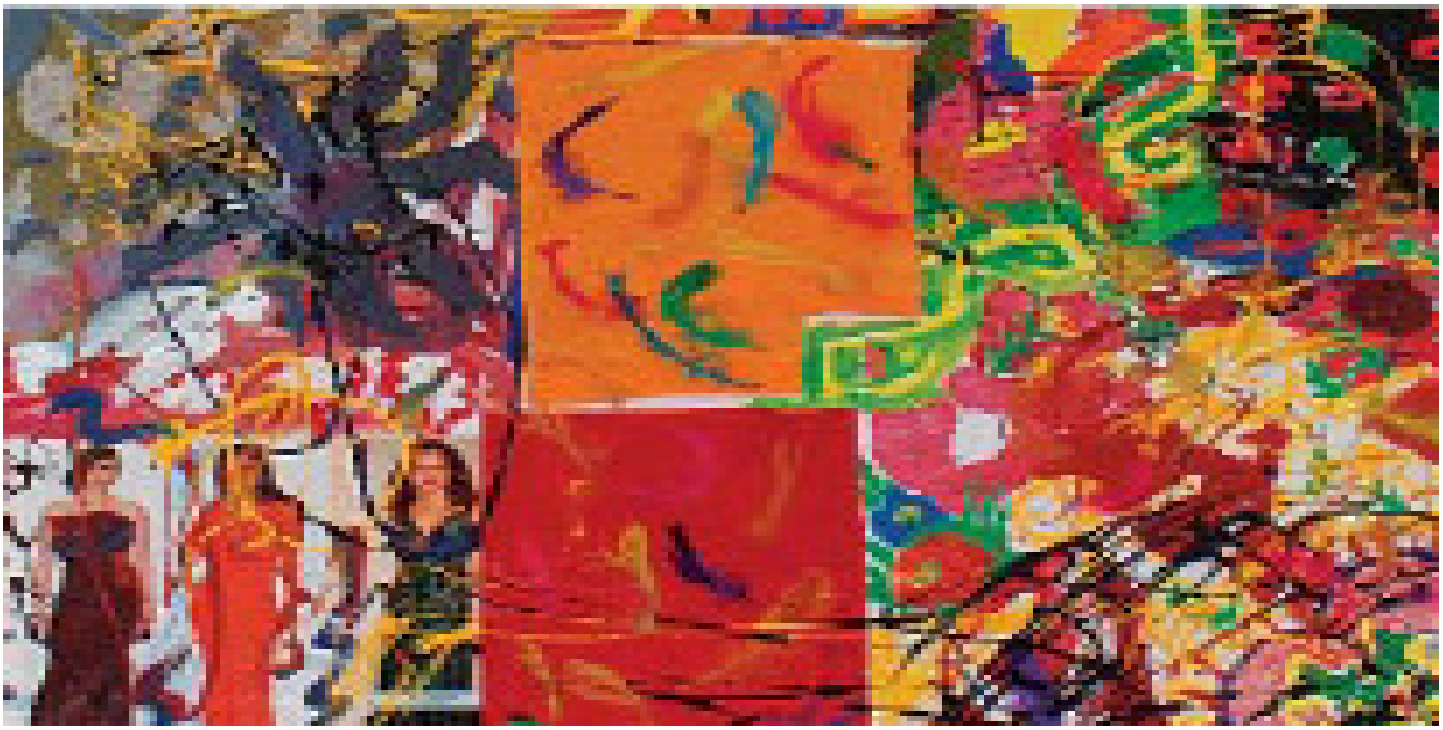
The work of any organization is contingent upon the support of the funding bodies that sustain us, and enable us to make a difference. As such, we would like to take this time to acknowledge the investments made by C-LHIN (Central Local Health Integration Network), the Mental Health Commission of Canada, and the Public Health Agency of Canada to support and enhance the work of Across Boundaries. The funds accrued from these organizations have allowed us to strengthen our ties to our many partners (both formal and informal), our Board, our staff, our students, and our volunteers – all of whose efforts and participation we would like to acknowledge. But most of all, we wish to thank our program participants who, in continuing to make Across Boundaries their home away from home, have allowed us to become a part of their extended families; enriching our lives by sharing their own.

While this seventeenth AGM of Across Boundaries fills us with pride and satisfaction over our achievements, we must absolutely ensure that these feelings will fuel us to continue the work as our client base and needs increase. More than ever we are faced with a changing service-provision structure rife with domination, new racism, and oppression; and which requires dedicated resistance and activism in response. We pledge to remain vigilant and committed to working with racialized communities, and to keeping external funders and policy-makers at every level accountable for the decisions they make, and the resulting impacts on our communities.

Respectfully submitted

I.Abdillahi
Board Chair

Aseefa Sarang
Executive Director



Featured Painting: Courtesy of a Program Participant

ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE

DRAFT Minutes of the Sixteenth Annual General Meeting
Of Across Boundaries
November 17, 2011
51 Clarkson Ave., Toronto, ON., M6E 2T5

1. **Welcome from Chair**

I. Abdillahi, chair, welcomed over 80 members of the organization, guests, friends, volunteers, staff and clients to the 16th annual general meeting and thanked them for their continued support to Across Boundaries over the past year. The Chair also thanked all the staff and board members for their leadership and dedication to the work of the agency.

2. **Approval of Agenda**

The agenda of the meeting was approved as circulated.
Moved by: Ahmed Badat, Seconded by: Saereen Qureshi CARRIED

3. **Approval of Previous Year's Minutes**

The minutes of the 15th annual general meeting held on October 20th, 2010 were approved as circulated:
Moved by: Arnold Walton, Seconded by: Tessie Orcino CARRIED

4. **Executive Director's Report**

Aseefa Sarang, Executive Director, welcomed all the members and presented her report. She highlighted the work of the organization over the last year and acknowledged the contributions of the management team and staff in light of the high level of activities at the agency. Aseefa thanked the board for their support of her, the staff, and the clients for making Across Boundaries a great place to work at.

5. **Treasurer's Report**

Keith Shrouder presented the audited financial statements for the year ended March 31, 2011. He stated that the agency received the bulk of the funding from Central LHIN, Mental Health Commission of Canada (MHCC), Public Health Agency of Canada (PHAC) and some income from donations and other revenue. Across Boundaries' finances were managed responsibly and made a motion for approval of the Audited Financial Statements for the fiscal year 2010-2011.
Moved by: Keith Shrouder, Seconded by: Rowena Abungan CARRIED

6. **Appointment of Auditor**

Keith Shrouder made a motion to appoint the firm Clarke Henning LLP, to be the auditors for Across Boundaries for the fiscal year 2011-2012.

Moved by: Keith Shrouder, Seconded by: Saereen Qureshi CARRIED

7. **Nomination Committee Report**

The slate of nominees for the Board for the upcoming year was proposed by Anne Motwani:
I.Abdillahi, Mohamed Gilao, Suranjita Khaund, Ayshia Musleh, Akanksha (Anne) Motwani, Zahra Binbrek and Keith Shrouder as members of the board of directors of Across Boundaries for the year 2011-2012.

Moved by: Judy Simmon, Seconded by: Regine St. Louis CARRIED

8. **Other Business:** No other business

9. **Adjournment and Thanks**

Moved by: Ahmed Badat, Seconded by: Saereen Qureshi CARRIED

10. **Presentations: Across Boundaries Music Program**

Members of Across Boundaries Music Program entertained everyone with an evening full of drumming and music presentations.

11. Client Recognition

Ian Messam, Program Manager presented certificates to members of the client team who had completed a Leadership Training.

12. **Keynote Speaker: Haroon Siddiqui**

Haroon Siddiqui is a regular Toronto Star columnist and the Star's Editor Emeritus, who is known for his critical analysis of local and foreign affairs.

Mr. Siddiqui emphasised that Multiculturalism was entrenched in the constitution of Canada unlike its US and European counterparts. This suggests that no Canadian party could succeed on an anti-immigration platform, they may claim to be against the policy of multiculturalism but there is no likelihood of constitutional change.

Siddiqui urged community organizations to battle for better policies and for media to hold "politician's feet to the fire"; that we need to raise our standards of whom we support and not get carried away by supporting policies against our communities. Mr. Siddiqui also critiqued the notion of a single Canadian identity, emphasising that as Canadians we don't have a single identity and we need not be defensive about being black nor should one make an issue of skin color as in the case of President Obama.

The presentation was followed by a lively question and answer period.

ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE

STATEMENT OF OPERATIONS
YEAR ENDED MARCH 31, 2012

		2012	2011
			(note 13)
Revenues			
Grants	- Central Local Health Integration Network *(note 5(b))*	$ 2,294,107	$ 2,255,738
	- Mental Health Commission of Canada	677,342	511,983
	- Public Health Agency of Canada	137,114	275,983
	- Other	-	9,754
Donations and other revenue		20,690	68,556
		3,129,253	3,122,014
Expenses			
Salaries, benefits and sub-contractors		1,994,259	1,925,281
Transitional aged youth services - Mental health/substance abuse		408,540	402,572
Program and general		293,759	304,443
Office rent and utilities		145,445	141,133
Professional fees		47,042	63,798
Sessional expenses		72,650	43,569
Staff training and travel		73,949	75,201
Telephone and fax		21,337	22,911
Small equipment purchases and maintenance		61,617	52,433
Dues, fees and conference		9,136	7,595
Printing and publicity		7,794	10,427
		3,135,528	3,049,363
Amortization		60,530	71,420
Amortization of deferred capital contributions		(60,530)	(71,420)
		3,135,528	3,049,363
Excess (deficiency) of revenues over expenses for the year		$ (6,275)	$ 72,651

"Injustice anywhere is a threat to justice everywhere."

— Martin Luther King Jr.

Across Boundaries' 2013-2015 Strategic Directions

Client Service Quality

Increase client satisfaction and improve quality by providing integrated/seamless service delivery

Capacity Building

Enhance quality of care within the healthcare system through research, education and advocacy

Knowledge Sharing

Strengthen organizational process, systems and knowledge

Ensure consistent implementation of Anti-Racism/Anti-Oppression and Recovery

Resource Development

Diversify funding sources and build financial & human resource capacity

Communications and Stakeholder Relations

Increase visibility and recognition in the health care system

HONOURING MARTHA OCAMPO

Martha Ocampo was an integral part of Across Boundaries from 1994 to 2012, starting as one of the founding member of the agency. During her time with Across Boundaries, Martha worked for 15 years as the Co-Director of Programs and Services, and an additional 3 years as the Manager of Education and Resources. This is a tribute to Martha and her time with the agency.

Martha Ocampo is a vivacious, vocal, and committed individual. She has displayed these characteristics in every interaction with her peers, her staff, and her colleagues; and through her advocacy for the under-served, marginalized members in the community, ensuring that their rights were prioritized and valued. Martha was committed to social justice not only for the clients of Across Boundaries (who respected and appreciated her); but for the members of her own community as well. She served on many committees and boards, dedicating her time to ensuring that the perspectives of racialized communities were central to the conversations; and to advocating to reduce barriers to the accessibility of healthcare services.

As the former Co-director of Programs, and Education and Resource Manager at Across Boundaries, Martha played a key role in developing the Centre's Holistic Model of Care within an Anti-Racism/Anti-Oppression Framework. She applied her intersectional focus through the integration of indigenous practices, art, politics, spirituality, and community involvement into developing services and programs that enhance healing and recovery. Martha has a long history of providing educational and training workshops at mental health agencies, colleges, universities, and to the general public. Some examples include her development of Leadership and Advocacy Training for marginalized groups, and her co-authoring of "Let's Talk," a guidebook on education about violence against women in the Filipino community.

Martha Ocampo has been a leader in addressing racism & oppression as it applies to both the community and clinical mental health settings. Her educational background and work as a nurse coupled with her experience as an immigrant Filipino woman has informed her passion for social justice, mental health, and the performing arts. In this vein, she has also played an active role in founding performance arts initiatives, and fighting for the rights of migrant women workers from the Philippines.

Despite the serious and necessary nature of her work, Martha Ocampo has no difficulty connecting with and engaging with people through her wonderful sense of humor. She continuously empowered those around her, enriching their lives with her passion, her fearlessness, and her willingness to take the risk of going against the mainstream in order to support those who are disenfranchised. Martha Ocampo leaves us with a legacy of advocacy, empowerment, service, creativity and compassion. This is who Martha was, and also who she still remains to her colleagues and peers!

ACROSS BOUNDARIES PROGRAM AND SERVICES REPORT

ADULT MENTAL HEALTH PROGRAM (AMH)

The AMH Program has a total of 120 clients, with an approximate ratio of 20 clients per team member. This past year, our staff was provided with an enhanced opportunity to engage with their respective clients in order to empower them, and to allow them to take some ownership over the quality of their care. This development was due to the introduction and implementation of OCAN (Ontario Common Assessment of Need) and IAR (Integrated Assessment Record) to all of our agency's programs.

AMH Program staff members are continually challenged to perform at a level illustrating dedication, compassion, and a professional stance both in the presence of their clientele, and as a representative of Across Boundaries. Case Managers' persistent, ever-present work ethic is ultimately what determines the success and satisfaction of all of our clients, regardless of their varying mental health issues. This is achieved by prioritizing methods which are the least intrusive, and striving to always respect the client's choice of environment and lifestyle. In addition to conscientiously rising to meet the needs of their client base, these staff members are also present in external initiatives such as outreach, building community relationships, and delivering workshops on how Across Boundaries not only stands by but exceeds its mandate to work with people from marginalized communities who suffer from mental health and/or substance abuse. By partnering with other agencies in the mental health and addictions sector, clients have the benefit of linking with community resources and natural supports in conjunction with our services. All of these objectives are carried out using a holistic, anti-racism/anti-oppression framework.

SOCIAL REHAB PROGRAMS

Across Boundaries' Social Rehab Programs are instrumental because of their combined function of shaping the future of our agency and the conscientious collection and analysis of feedback from our clients as to what they identify as their needs. In the past year, we have revamped and evaluated all of the programs registered under Social Rehab, along with the facilitators. Our goal was to ensure that every client who entered our facility would always receive quality programming. We listened to the clients' requests and added a second Program Coordinator to assist with the increasing numbers spearheaded by the At-Home (Chez-Soi) and Y-CONNECT programs.

Clients have also taken charge of the Consumer Survivor Initiative Program, which encourages them to practice their skills in the kitchen by prepping and cooking a meal - perhaps for their own consumption, or for that of 40 - 50 clients who, on any given day, visit the facility for either breakfast, lunch, or both. This is an important independent life skill which our clients have great need for, as many have no option but to live alone. Other regularly identified weekly programs include Women's Group, Men's Group, Life Skills, English as Second Language (ESL), Computers 101, Music Therapy, Creative Expression, Traditional Chi-

nese Medicine (TCM), Yoga, Chi Qong, Peer Support, Current Events, and Tamil Peer-Support Storefront. In addition to these weekly programs, we provide a large selection of other services, workshops, and outings which help keep our clients interested and involved. These include: Diabetes Workshops and Sessions on Nutrition; Understanding ODSP/OW Immigration Laws and New Immigrant Rights Workshops; trips to Cobourg Beach, Niagara Falls, the ROM, Centre Island, Riverdale Park, etc. These experiences provide life-long memories for many of our clients, fulfilling our goal of communicating that mental illness should not be a barrier to exploring, experiencing, and enjoying all that life has to offer - and that they are more than capable, more than ready to take on the world, live their lives, and achieve their goals.

These social rehab groups cater to basic, intermediate, or advanced learners, and provide them with knowledge, skills, and resources to improve personal, interpersonal, and community functioning. The programs also give clients opportunities for leadership and confidence building.
Other cornerstones of the Social Rehab Programs are: our series of monthly interactive learning sessions for clients on issues concerning education, empowerment, gender, race, and institutional racism and oppression; and our placement of three consulting psychiatrists on-site once a week to provide clinical or educational consults for clients and staff, respectively. The latter is particularly critical, as a number of our clients arrive having received no diagnosis, and having no access to a physician.

Celebrations have always been an integral part of the Social Rehab Programs, and this past year was no exception. Highlights include: Persian New Year, African Heritage, and Asian Heritage, each of which featured the talented Across Boundaries Drummers as the primary performers. Clients and staff were treated to a variety of cultural dishes, music, and costumes. Each celebration was also accompanied by an educational session on the community and/or event being honoured, in order to highlight the differences which make us beautiful and unique while diminishing the ignorance that keeps us wary of making connections with each other.

The overall aim of the Social Rehab Programming is to teach and encourage self-care, healing methods, and healthy lifestyles by utilizing a holistic approach to care. This is made possible by the commitment of our dedicated Program Coordinators, whose work unites us and facilitates our own.

YOUTH CONNECT(Y-CONNECT)

In partnership with the Griffin Centre, Y-CONNECT is a program offering a range of services and support to transitional-aged youth (15-24 years) in the Jane-Finch and surrounding communities. Y-CONNECT provides youths and their families mental health and substance abuse counselling and support; case management; outreach; and drop-in programs. Y-CONNECT is unique from its parent program, AMH, in that its mandate is to aid and engage some of the most vulnerable youths in the community, whose participation is often due to a court order, and who are otherwise unwilling or unable to confront their situation. Our team can be found in schools, malls, recreation centres, churches, hostels, as well as in locations not institutionally labelled, in order to provide assistance in accessing various community services such as legal, education, employment, and housing.

Y-CONNECT is currently providing weekly on-site counselling and support to the students of Kip-

ling Collegiate in conjunction with the school's social worker. March is our busiest month, as various community agencies including school boards host Mental Awareness Week, and contract Y-CONNECT to present educational workshops to (generally) the student body, and to overwhelmingly positive feedback. Y-CONNECT has also participated in an effort to develop front-line staff training modules for service providers in order to engage with youths and families dealing with mental and substance abuse issues.

Ongoing programs for our youth include: Dinner and a Movie; an information session about employment services available at JVS; Income Tax preparation for clients; a Print Shop program offered at Eva's Phoenix; Case Study offered by CAMH; a 10-week Pre-Employment Development Program; and we are developing a Youth Advisory committee Leadership Initiative we hope to launch in late fall of 2012.
Our team requires a strong foundation of perseverance, resilience, and compassion in order to forge connections with even the most uncooperative youths. This work requires a very special and dedicated staff, and their work is to be commended and celebrated. Congratulations on a job well done!

EDUCATION, TRAINING and RESOURCE PROGRAM

The Education and Training Program is a crucial component of each of the services performed by Across Boundaries. Training and Education based on the Anti-Racism/Anti-Oppression model promotes the development and implementation of services that are accessible, equitable, and meaningful for all participants. The Program offers both ongoing, in-house training sessions for staff and clients; as well as customized external training sessions with agencies within the community in order to assist them in increasing their accessibility to racialized communities.

Across Boundaries' Community Engagement Strategy has achieved a major initiative: establishing relations with specific racialized communities within Toronto including the Afghan, Ghanaian, Tamil Seniors, Filipino, Somali, Eritrean, and Ethiopian populations. Continual engagement with selected communities has allowed for the formation of a network of community workers and recognized leaders to plan and enact educational events about community-specific issues such as mental health, employment, and immigration. Another branch of our Communication Engagement Strategy involves regular, in-house dialogues with consumers, family members, and staff in order to promote communication, disseminate agency policy and practice, and to receive and account for feedback received from our client groups.

In 2011-2012, Across Boundaries was very proud to serve as cosponsor for various large-scale, well -attended, and impeccably organized conferences including the following: the 7th Critical Multicultural Counseling and Psychotherapy Conference - Integrating Asian Healing traditions into Mental Health Care as well as the Holistic Health conference - Emotional, Spiritual, Social, Physical, Social Integration, and Wellbeing. In the same year, The Program also released a satisfaction survey to a sample of our clients. The resulting data demonstrated a high level of client- satisfaction for all services received.

RESEARCH PROJECT: "TAKING ACTION TO REDUCE HEALTH INEQUALITIES IN CANADA"

Since January 2010, Across Boundaries has worked in partnership with the Centre for Addiction and Mental Health (CAMH) to lead an initiative promoting youth mental health called "Taking Action to Reduce Health Inequalities in Canada," and funded by the Public Health Agency of Canada. Other partners on this initiative have included Access Alliance, Health Equity Council, Colour of Poverty and Steps to Equity.

As of this last fiscal year, Taking Action to Reduce Health Inequalities in Canada has culminated in the website "More than a Label, More than You Can See." This website development was led by the youth whom it exists to serve, boasting such items as: an interactive map allowing users to locate services within the Greater Toronto Area; lesson plans for teachers illustrating the impact of discrimination on students' health, presented in a comic book format; and videos featuring racialized youth speaking directly about the impact of racism on health. The multitude of thought-provoking, educational information for youth, their teachers, and their greater communities featured on this dynamic website will serve as tools to empower community members to dismantle the stigmas around race and mental health, and begin to have the conversations necessary in order to centralize and normalize these experiences.
Visit us at: www.morethanalabel.acrossboundaries.ca

MENTAL HEALTH AND JUSTICE INITIATIVE (MHJI)

Across Boundaries is continuing to provide case management services for 32 tenants from racialized communities who have been involved with the criminal justice system, and who are dealing with mental health issues. This work is achieved through a partnership with the Toronto division of the Canadian Mental Health Association (CMHA), who manages and procures the 32 apartment units occupied by our clients.

During the past year, the majority of our program participants have been able to successfully maintain their housing, and to begin taking a role in addressing other areas of their lives. Clients who participated in the MHJI program have received the benefits of the many psycho-social benefits we offer, such as cultivating leadership skills through our community kitchen programs, and setting and working toward achieving educational goals through our ESL and computer workshops.
Additionally, our clients are assigned a dedicated Case Manager who provides each of their 12 patients with informed services for a period of up to 6 months. This support is of incalculable aid to racialized individuals who have been released from custody and identified with a mental health issue, but who have no community-based mental health support systems in place on which to rely.

The staff members of the MHJI are a continual source of services provided with compassion and care, as they navigate the intersecting systems of mental health, justice, and housing. Being involved with this team has been extremely rewarding, and we are all anticipating the expansion of

services which another year of growth for this program will provide, and which will bring aid to additional racialized individuals who are suffering from mental health issues and are relegated to the prison system due to a lack of access to appropriate mental health resources.

AT HOME/CHEZ SOI RESEARCH DEMONSTRATION PROJECT

The At Home/Chez Soi Research Demonstration Project is a four-year initiative funded by the Mental Health Commission or Canada which commenced on April 1, 2009, and is expected to be completed on March 31, 2013. The Project is being implemented in 5 Canadian cities, with Across Boundaries acting as 1 of 3 service-delivery sites. This entails providing supported data on what housing, service, and system interventions can best support racialized individuals living with mental health; which is procured through the provision of a unique set of services for each of the 102 people participating in the Program.

Across Boundaries is proud to report that over 80% of our participants have retained housing, and are well into the process of recovery. Said participants have achieved these measures due to our providing them with an intensive, case management intervention; providing holistic, recovery-based, culturally-diverse programs representative of the people being served; and to our addressing their clinical and housing challenges via inter-agency clinical support and housing support working groups that are unique to the Project.

On April 12, 2012, The Across Boundaries At Home/Chez Soi Research Demonstration Project team underwent our second evaluation during the fidelity visit by members of the Pathways to Housing Team, and staff of the Mental Health Commission of Canada. Our team received very positive feedback regarding our Program-implementation and the depth of our work with Program participants. We were additionally recognized for actualizing social justice in a way that prioritized and supported the service users. This feedback was gratifying, though not unexpected, as our team had predicted this outcome would be the logical result of our commitment to approaches which emphasize Anti-Racism and Anti-Oppression.

The At-Home/Chez Soi Research Demonstration Project will also yield an Anti-Racism/Anti-Oppression Assessment Tool that will not only help document Across Boundaries' practice of service-delivery from the Anti-Racism/Anti-Oppression perspective, but that will also help other agencies to implement similar models. This is an exciting time for all of the people involved in the Project, and we are looking to the future with hope about the service and its sustainability. Our staff continues to work hard toward that goal, forming strong bonds with the Project participants, and bringing skills and expertise to our many roles, as recognized by the Fidelity Team. Congratulations on an excellent job!

PROJECT ACHIEVEMENT SUMMARY:

- 80% of the program's participants are successfully housed.
- 40% of the program's participants have been receiving ongoing education or engaged in volunteering or employment, to date.
- 30% of the program's participants are involved in the Peer Support and Participant Advisory Group.
- Our program's participants are served by Case Managers who are linguistically and culturally representative of and to the clients themselves.

BOARD MEMBERS: 2011 – 2012

I. Abdillahi (Chair)
Keith Shrouder (Treasurer)
Suranjita Khaund –Vice Chair
Ayshia Musleh
Akanksha (Anne) Motwani
Zahra Binbrek
Mohamed Gilao
Andi Shi

PAST BOARD MEMBERS: 2011-2012

Saundra Lawson (Past Treasurer & Secretary)
Saba A. Mengesha

MANAGEMENT TEAM: 2011 – 2012

Aseefa Sarang - Executive Director
Martha Ocampo – Manager, Education and Training
Ian Messam - Program Manager
Jim Huang - Finance/Office Manager, CGA
Jaipreet Kohli - Program Manager, At Home/ Chez Soi
Alex Lovell – Former Project Manager, PHAC

OUR STAFF: 2011-2012

Ajibola Callisto
Alison Pais
Amina Dualeh
Anindita Paul
Bernadette Gapuz
Carlos Charris
Chris Sidoro, RN
Daniel Sem
Dorrett Miller
Everton Black
Genoveva Policarpio
Jackie Patterson
Joan Cobham
Kerry Carpenter
Kevin Panton
Leira Mendez
Lorraine Payne
Mariam Saleh, RW
Neelam Sharma
Olivia Han Yi Li
Peri Vyramuthu
Peter Ackie
Peter Makanza
Philip Chao
Qudsia Hadizai
Ruqia Hassan
Sagal Mohamoud
Sana Siddiqui
Sivajeev Balaskantha
Suada Mohamud Omar
Tegeste Emiru
Ubah Warsame
Wendy Munemo

"I learned that courage was not the absence of fear, but the triumph over it. The brave man is not he who does not feel afraid, but he who conquers that fear."

— Nelson Mandela

OUR FUNDERS

Your support has helped us make our programs the success that they are:

Central - Local Health Integrated Network - (C-LHIN)

- Kim Baker- CEO

Mental Health Commission of Canada

- Faye More - Toronto Site Co-ordinator

Public Health Agency of Canada

- Susan Stevenson - Innovation Strategy Coordinator

A special thanks to the following students, donors, volunteers, facilitators, consultants and participants of our programs who have helped us in numerous day-to-day tasks.

- Alexander, Teneal
- Bardeau, Brigitte
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- Charris, Carlos
- Chin, Matthew
- Crucero, Armi
- Fuches, Erika
- Gonzalez, Manuel
- Grant, Yola
- Hussen, Ruun
- Isse, Zahara
- Juzkow, Ted - Manager - Information System
- - CMHA Toronto
- James, Adina
- Kafele, Kwasi
- Kwok, Carolyn
- Kumar, Dr. Sameer
- Lau, Maggie
- Lo, Dr. Hung Tat
- Lurie, Steve
- Maramba, Jennifer
- McKenzie, Kwame-CAMH
- Moore, Ira
- Nelo, Sid
- Nurani, Fazila
- Perez, Fidel
- Pinto, Fritz
- Popal, Hassina
- Punzalan, Alex
- Qian, Bill
- Townsend, Martin
- Uy, Michelle
- Wang, Dr. Chao
- Warner, Dr. Remi
- Yoon, Michael

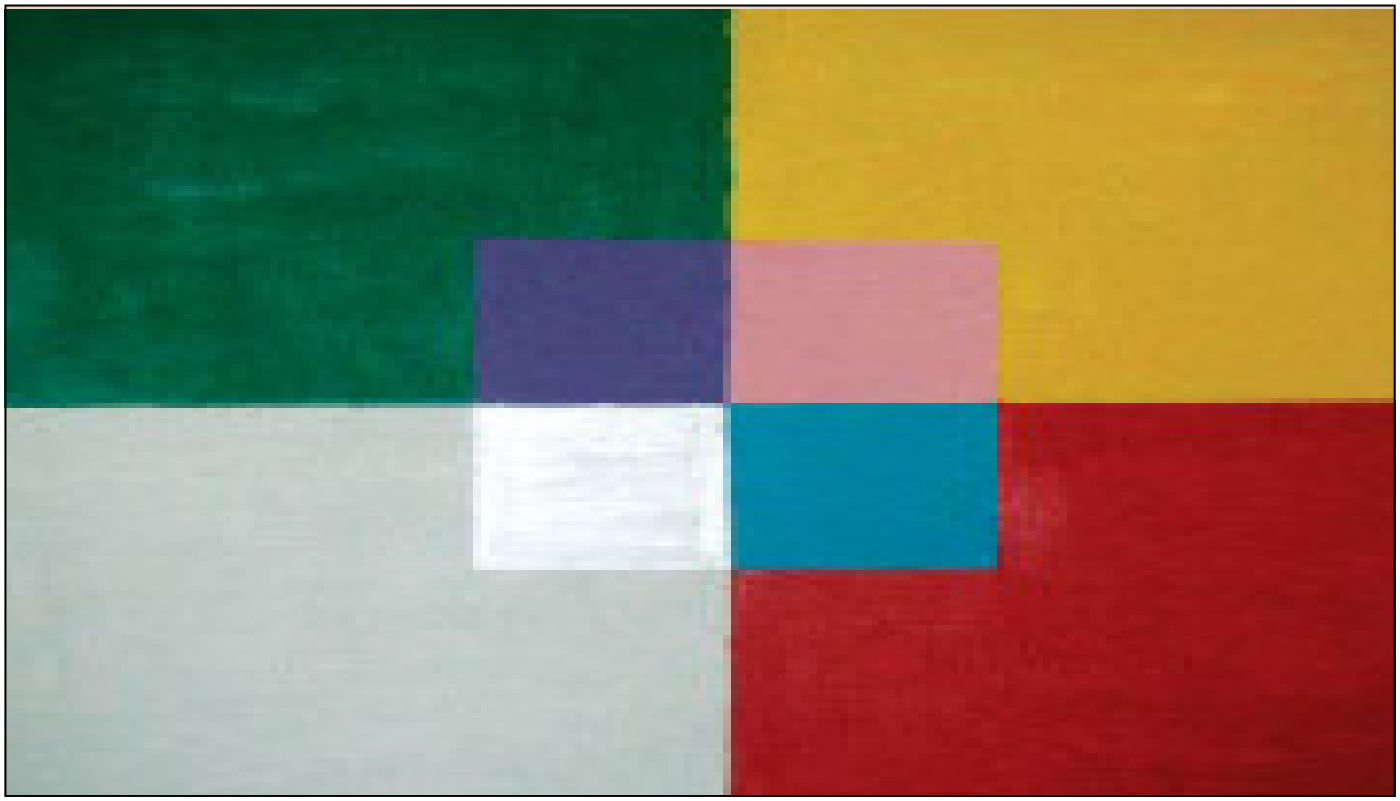
"True peace is not merely the absence of tension: it is the presence of justice".

- ***Martin Luther King***

COMMUNITY AGENCY COLLABORATION

ACESS1
Adam's House
Ad Hoc Committee on Homelessness, Social Isolation and Mental Health Reform
Afghan Women's Organization
Afghan Association of Ontario
African Legal Clinic
Assaulted Women's Helpline
Best Practices for Working with Homeless, Immigrant & Refugees
Black Creek Community Health Centre
Black Inmate and Friends Assembly (BIFA)
Bloor Information and Life Skills Centre
Booth Industries
Burnhamthorpe Adult Learning Centre
Canadian Centre for Victims of Torture (CCVT)
Canadian Mental Health Association (CHMA) - Toronto
Catholic Cross Cultural Services
Centenary Hospital (Mental Health Clinic)
Centennial College
Central LHIN Mental Health and Addiction Network
Centre for Addiction and Mental Health (CAMH)
Chinese Acupuncture and Herbal Clinic
Colour of Change Network
Community Resources Connections of Toronto (CRCT)
Concurrent Disorder Support Services
COTA Health
Community Treatment Order Advisory and Evaluation Committee
COSTI
Council of Agencies Serving South Asians (CASSA)
Delta Family And Child Services
Dixon Community Services
East Metro Youth Services
East Scarborough Storefront
Ecuhome Corporation
Emery C.I.
Ethnoracial Disabilities Coalition of Ontario
Family Mental Health Everywhere (FAME)
Family Outreach and Response Program
Family Service Association of Toronto
Fred Victor Centre
Friends of Alternative & Complementary Therapy (FACT)
George Brown College
Gerstein Centre
Griffin Centre
Harmony Hall, North York
Health Equity Council
Health and Racism Working Group
Homeward
Hong Fook Mental Health Association
Houselink
Humber College
Humber River Regional Hospital
Jane and Finch Community and Legal Services
Jane and Finch Community and Family Centre
Kipling C.I
Lawrence Heights Community Health Centre
Livonia Place, Scarborough
Mainstay Supportive Housing
Malvern community
Margaret Fraser House
Mental Health and Justice Initiative Network
Metro Toronto Police Community - Liaison Division #12 Metro East
Midaynta Somali Association
Mount Sinai Hospital
Nellie's Hostel
North York General Hospital - Department of Psychiatry, and Substance Abuse Program and Mental Health
North York Woman Centre
Ontario Federation of Mental Health & Addiction Program
Ontario Council of Agencies Serving Immigrants (OCASI)
Promoting Economic Action Through Community Health (PEACH)
Regeneration
Rexdale Community Health Centre
Rouge Valley Mental Health System
Ryerson University, Department of Social Work
Sabawoon Afghan Family Education and Counselling Centre (SAFE)
Saint Elizabeth Mobile Crisis
Salvation Army Maxwell Meghan Centre
Scarborough General Hospital Day Clinic and Forensic Case Management Program
Seaton House

Sistering
South Asian Women Centre South
South Asian Legal Clinic of Ontario (SALCO)
South East Toronto Mental Health Network
South Etobicoke Community Legal Services
Supportive Housing in Peel
Supportive Housing and Diversity (SHAD)
Toronto Community Housing Corporation (TCHC)
Toronto Central LHIN Diversity
Project Committee
Toronto North Support Service
Toronto Bail Program - Mental Health
Coordinator - Cultural Competency Position Paper Committee
Toronto District School Board
Toronto Parks, Forestry and Recreation
Turning Point Youth Shelter
University of Toronto, School of Nursing
Vasantham: A Tamil Seniors Wellness Centre
Whitby Mental Health Centre
Womens' Counselling, Referral and
Education Centre (WREC)
York University, Social Work
Youth Court Action Plan Program
Youth Inc.
416 Drop in Center



Featured Painting: Courtesy of a Program Participant