An Ethnoracial
Mental Health Centre

51 Clarkson Avenue, Toronto, Ontario Canada M6E 2T5 **Tel: (416) 787-3007 Fax: (416) 787-4421**
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# ANNUAL REPORT

# 2012– 2013

## *Eighteenth Annual General Meeting*

Tuesday, October 1st, 2013

at

51 Clarkson Ave., Toronto, ON., M6E 2T5
(Corner of Clarkson Ave. & Caledonia Rd., North of Eglinton Ave. West)

# Eighteenth Annual General Meeting

Tuesday, October 1st, 2013
Held at 51 Clarkson Ave., Toronto, ON., M6E 2T5

## AGENDA

1. Welcome from the Chair

2. Approval of the Agenda

3. Approval of Previous Year's Minutes

4. Executive Director Report

5. Treasurer's Report
   - Acceptance of Financial Report
   - Appointment of Auditor

6. Nominations Committee Report
   - Election of Board of Directors

7. Other Business: By-Law Amendments

8. Adjournment and Thanks

9. Reflections and dialogue on:

**"A Critical Exchange of Ideas on; Race, Mental Health, Labour and the Justice System"**

by

I. Abdillahi, Ph.D. (c) - Mental Health, Racialization and the Impact of Neo-Liberalism

Dr. Ajamu Nangwaya - Labour Movement, Racialization and the Consumer Survivor

## VISION

Dignified, inclusive and compassionate mental health and addiction services for racialized communities.

## MISSION

To provide equitable, inclusive and holistic mental health and addiction services for racialized communities within an anti-racism/anti-oppression framework.

## OUR GOALS

***Across Boundaries recognizes that…***

- Racism and racial discrimination impacts on the health and mental health of individuals and communities of colour.
- Individual and systematic racism is a barrier to accessing health and mental health care for people of color.
- There is diversity among people of color who, in addition to race, may also be discriminated against based on their religion, language, ethnicity, class, gender, sexual orientation, disabilities, age, country of origin and citizenship status.

## OUR VALUES:

**Equity**
*We recognize the intersectionality of identities among people of colour, and address the disparities related to social location by providing services that reflect the needs and realities of our clients.*

**Transparency**
*We are accountable to our clients* ***and to the communities we serve*** *and provide respectful services and programs.*

**Client-Centered**
*We recognize the importance of the whole person, and the role of the family and community in their recovery and wellness.*

**Collaborative**
*We work in partnership with individuals, families, communities and other agencies to build capacity and address the needs of our clients and support their health and recovery.*

**Innovative**
*At Across Boundaries, we are responsive to the ever-changing realities. We include a variety of* ***healing approaches*** *to* ***help achieve and maintain wellness*** *in ways that are meaningful and relevant to the lived experiences, and cultures of our clients.*

**Holistic**
*We believe in addressing the interdependence of the spiritual, emotional, mental, physical, social, cultural, linguistic, economic and broader environmental aspects of health that affect the well being of people of colour.*

# BOARD CHAIR & EXECUTIVE DIRECTOR'S REPORT

**October 1st, 2013**

It is with pleasure that we submit our report for the fiscal year 2012-2013.

This past year at Across Boundaries has contained many milestones. First and foremost was the development and finalization of a strategic plan outlining the organization's goals and foci over the next three years. This was created in conjunction with the board, the Across Boundaries staff, management, and stakeholders, all of whom considered the many emerging issues and challenges facing our organization, and worked together to create a plan that will ensure the agency is able to plan for the future while continuing to provide the excellent level of service our clients deserve. We have agreed that the most crucial areas of focus are to be *Client Service Quality, Capacity Building, Knowledge Sharing, Resource Development and Communications and Stakeholder Development.* We eagerly anticipate the execution of this plan, the full details of which have been made available in your Annual Report, as well as on our website.

The second significant occurrence this fiscal year was the conclusion of the At Home/Chez Soi project, in partnership with the Mental Health Commission of Canada. This national research project culminated on March 31, 2013, after spanning four years and five cities to analyze the application of a Housing First approach to homeless individuals experiencing mental health issues. The alignment of our core anti-racism/anti-oppression framework to the Housing First principles was an unqualified success. The fidelity visits by the National Research team confirmed and highlighted the excellent work of the Across Boundaries staff in implementing this model.

As this project was nearing its conclusion, the final year was geared towards answering the question of "what's next?" for both the recipients of the service as well as for the staff. A considerable amount of time was spent with the partner agencies negotiating plans to extend the service into something sustainable. After a lot of hard work on the part of everyone involved, and most significantly the staff and leadership of the Mental Health Commission of Canada, the provincial government of Ontario agreed to continue the funding and provide the much-needed support to ensure that not only would the housing be maintained, but also that the case-management supports would be continued. Across Boundaries was pleased to be recognized for its work on this project, and to be the recipient of ongoing funding.

During this time, Across Boundaries also participated in a pilot project with the Centre for Addiction and Mental Health on the Perception of Care survey. We were pleased to be one of the sites that administered this tool. as it allowed us to provide feedback on the standardization of the survey, which will be standardized once it has been properly assessed and validated. The results from the survey were very positive, showing that our clients were happy with the services they received. Clients further noted that staff members were able to quickly understand and respond to their needs, and they would happily recommend the agency to others. However, this does not mean that we have no room for improvement. We received a loud and clear message that service recipients would like to see more variety in programming, get more education on medication and side effects, have more support around a meaningful social life, and receive assistance in acquiring employment. We have forwarded the survey results to our Client Advisory Committee which has begun to meet regularly over the last few months and they will be overseeing the areas for improvement in

partnership with our staff. We are grateful to this committee for its leadership in ensuring the voices of service users are incorporated in our programming.

Finally, we spent a considerable amount of the year participating in a number of national and provincial-level initiatives that allowed us to bring the voices of the communities we serve to the discussion tables. These initiatives included: an inaugural meeting of the International Knowledge Exchange Network on Mental Health, bringing together people from 14 different countries to discuss services for people with mental health and addictions; a National Leaders' Forum geared toward collaboration and the relationship between addictions, mental health and primary care; and a think tank on developing a national-level position on suicide prevention. We are also a member of the Provincial Collaborative Advisory Group overseeing the implementation of 18 Service Collaborative identified by the Provincial Strategy on Mental Health. This advisory group provides input on the development and implementation of the Collaboratives, which are local groups of inter-sectoral, mental health and addiction providers and leaders focusing on children, youth and adults in transition between health, justice, hospitals and community settings. We are thrilled to be a part of such important work and look forward to our continued input on these and many other initiatives.

We would like to end our report by acknowledging the wonderful support of a dynamic board that brings a lot of insight, knowledge and wisdom to the work of the agency; the staff who are committed, sincere and always "in tune" with the needs of our clients; and most importantly, our clients themselves, who make Across Boundaries their home away from home, and on a daily basis teach us so much about coping, resilience and courage.

Respectfully submitted:

I. Abdillahi
Board Chair

Aseefa Sarang
Executive Director

***"I have walked that long road to freedom.***
***I have tried not to falter; I have made missteps along the way.***
***But I have discovered the secret that after climbing a great hill,***
***one only finds that there are many more hills to climb.***
***I have taken a moment here to rest, to steal a view of the glorious vista that surrounds me, to look back on the distance I have come.***
***But I can only rest for a moment, for with freedom come responsibilities, and I dare not linger,***
***for my long walk is not ended."***

***— Nelson Mandela***

# ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE

**DRAFT Minutes of the Sixteenth Annual General Meeting**
**held at Across Boundaries**
**October 30th, 2012, 6:25 pm**
**51 Clarkson Ave., Toronto, ON., M6E 2T5**

The Annual General Meeting was hosted by Saereen Qureshi, a long time associate of Across Boundaries.

1. **Welcome.**

Board Chair I. Abdillahi welcomed over 75 guests (including members, colleagues, volunteers, staff and clients) to the 17th annual general meeting, and thanked them for their continued support of Across Boundaries over the past year. The Chair then thanked the board members for their contribution to the work of the organization; before directing people's attention to the Annual Report which detailed the activities of the last fiscal year. She also referred to the strategic planning in which the board was engaged, and provided an update of their process.

2. **Approval of Agenda**

The agenda of the meeting was approved as circulated.
Moved by: Sandra Smith
Seconded by: Ahamed Badat
CARRIED

3. **Approval of Previous Year's Minutes**

The minutes of the 16th annual general meeting held on November 17, 2011 were approved as circulated.
Moved by: Sajjad Hussein
Seconded by: Keith Shrouder
CARRIED

4. **Executive Director's Report**

Executive Director Aseefa Sarang highlighted the work of the organization over the last year, and acknowledged the contributions of the management team and staff. She discussed the Mental Health Commission of Canada project and thanked the staff and the clients for "hanging in there" until there was further news regarding sustainability.

Aseefa then introduced and recognized Shaheen Ali, Martha Ocampo, and Michael Kerr as 3 of the founding members of Across Boundaries, and thanked them for continuing to be a part of the organization that they had started 17 years ago. Aseefa then invited Managers Ian Messam and Jaipreet Kohli to provide an update on the programs.

5. **Treasurer's Report**

Treasurer Keith Shrouder presented the audited financial statements for the fiscal year ending March 31, 2012. He stated that the agency received the bulk of the funding from the Central LHIN and the Mental Health Commission of Canada (MHCC), and some income from donations and other revenue. Keith confirmed that Across Boundaries' finances had been managed responsibly, and made a motion for approval of the Audited Financial Statements for the fiscal year 2011-2012.

Moved by: Keith Shrouder
Seconded by: Sandra Smith,
CARRIED

6. **Appointment of Auditor**

Keith Shrouder made a motion to appoint the firm Clarke Henning LLP, to be the auditors for Across Boundaries for the fiscal year 2012-2013.

Moved by: Keith Shrouder
Seconded by: Saereen Qureshi
CARRIED

7. **Nomination Committee Report**

The slate of nominees for the Board for the upcoming year was proposed as circulated, and the following motion was tabled:

**I.Abdillahi, Suranjita Khaund, Ayshia Musleh, Akanksha (Anne) Motwani, Zahra Binbrek, Andi Shi and Keith Shrouder** become members of the board of directors of Across Boundaries for the year 2012-2013.

Moved by: Sandra Smith
Seconded by: Sajjad Hussein
CARRIED

8. **Other Business.**

Proposed changes in the By-Laws were presented by Andi Shi for approval to the members.

Moved by: Andi Shi
Seconded by: Miles Thomas
CARRIED

9. **Adjournment and Thanks**

Moved by: Ahmed Badat
Seconded by: Saereen Qureshi
CARRIED

10. **Keynote Speaker: Jennifer M. Poole**

Jennifer M. Poole, Associate Professor at the School of Social Work of Ryerson University, and author of *Behind the Rhetoric: Mental Health Recovery in Ontario* was the honoured guest for the evening. She presented on "Why Difficult Questions Matter in Mental Health: Critical Approaches to Peer Support, Recovery and Madness".

11. **Award Presentation**

Across Boundaries founding member Martha Ocampo was honoured for her many years of dedication and service to the organization. Martha completed 18 years in a leadership position at Across Boundaries and was presented with a plaque of appreciation from Across Boundaries' Board of Directors.

12. **Presentations:**

**Across Boundaries Music Program**

Members of Across Boundaries Music Program entertained everyone with an evening of drumming and musical presentations.

13. **Client Recognition**

Program Manager Ian Messam presented certificates to members of the client team who had completed Leadership Training.

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***"An eye for an eye will only make the whole world blind"***

*— Mahatma Gandhi*

## *ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE*

**STATEMENT OF OPERATIONS**
**YEAR ENDED MARCH 31, 2013**

# ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE

## STATEMENTS OF OPERATIONS

## YEARS ENDED MARCH 31, 2013 AND 2012

| | 2013 | 2012 |
|---|---|---|
| Revenues | | |
| Grants - Central Local Health Integration Network *(note 6(b))* | $ 2,260,775 | $ 2,294,107 |
| - Mental Health Commission of Canada | 676,710 | 677,342 |
| - Public Health Agency of Canada | - | 137,114 |
| Donations and other revenue | 17,617 | 20,690 |
| | 2,955,102 | 3,129,253 |
| Expenses | | |
| Salaries, benefits and sub-contractors | 1,878,107 | 1,994,259 |
| Transitional aged youth services - Mental health/substance abuse | 414,350 | 408,540 |
| Program and general | 131,610 | 293,759 |
| Office rent and utilities | 153,255 | 145,445 |
| Professional fees | 74,910 | 47,042 |
| Sessional expenses | 43,177 | 72,650 |
| Staff training and travel | 125,052 | 73,949 |
| Telephone and fax | 19,352 | 21,337 |
| Small equipment purchases and maintenance | 110,111 | 61,617 |
| Dues, fees and conference | - | 9,136 |
| Printing and publicity | 4,059 | 7,794 |
| | 2,953,983 | 3,135,528 |
| Amortization | 84,224 | 60,530 |
| Amortization of deferred capital contributions | (84,224) | (60,530) |
| | 2,953,983 | 3,135,528 |
| Excess (deficiency) of revenues over expenses for the year | $ 1,119 | $ (6,275) |

# ACROSS BOUNDARIES PROGRAM AND SERVICES REPORT

## ADULT MENTAL HEALTH PROGRAM (AMH)

The AMH Program has a total of 120 clients, with an approximate ratio of 20 clients per team member. In 2012, OCAN (Ontario Common Assessment of Need) and IAR (Integrated Assessment Record) were introduced and successfully implemented throughout the agency's programs. This allowed the staff to engage with their clients over the quality of their care. The ever-present work ethic of our Case Managers and our dedication to non-intrusive practices is an important determinant of the success and satisfaction of our clients.

In addition the staff members are also involved in external initiatives such as outreach, building community relationships, and delivering workshops on how Across Boundaries meets its mandate to work with people from marginalized communities. By partnering with other agencies in the mental health and addictions sector, clients have the benefit of linking with community resources and natural supports in conjunction with our services. All of these objectives are carried out using a holistic, anti-racism/anti-oppression framework.

## SOCIAL REHAB PROGRAMS

Across Boundaries' Social Rehab Programs provide a wide array of programming from yoga, traditional Chinese medicine to computer classes to a daily meal program. Across Boundaries continues to prioritize annual evaluation of all our programs and facilitators, in order to ensure that every client who enters our facility is receiving quality programming on a consistent, ongoing basis.

The continued employment of a second Program Coordinator allowed us to manage this year's increased client participation, and the increased need for weekly educational workshops on a variety of topics relevant to the overall wellness of our client base. These included but were not limited to Women's Group, Men's Group, Life Skills, ESL, Computers 101, Music Therapy, Creative Expression, Traditional Chinese Medicine (TCM), Yoga, Chi Qong, Peer Support, Current Events and Tamil Peer-Support Storefront. In addition to these weekly programs, we provide a large selection of other services, workshops, and outings that help keep our clients interested and involved. These include: Diabetes Workshops and Sessions on Nutrition; Understanding ODSP/OW; Immigration Laws and New Immigrant Rights Workshops; trips to Cobourg Beach, Niagara Falls, the ROM, Centre Island, Riverdale Park, etc. These experiences provide life-long memories for many of our clients, fulfilling our goal of communicating that mental illness should not be a barrier to exploring, experiencing, and enjoying all that life has to offer - and that they are more than capable, more than ready to take on the world, live their lives, and achieve their goals.

These Social Rehab groups cater to basic, intermediate, or advanced learners, providing them with knowledge, skills and resources to improve personal, interpersonal and community functioning. The programs also give clients opportunities for leadership and confidence-building. Other cornerstones of the Social Rehab Programs are: our series of monthly interactive learning sessions for clients on issues concerning education, empowerment, gender, race, and institutional racism and oppression; and our placement of three consulting psychiatrists on-site once a week to provide clinical or educational consults for clients and staff, respectively. The latter is particularly critical, as a number of our clients arrive having received no diagnosis, and having no access to a physician.

This past year saw the formation of the Client Advisory Committee (CAC), which consists of volunteer members from the Social Rehab Program roster. The CAC members have been instrumental in improving the experience of clients at Across Boundaries in any capacity through initiatives such as birthday announcements; as well as forums that invite participants to file complaints, share opinions, be heard, make change, and take an active role in the agency programming.

Celebrations continue to be an integral part of the Social Rehab Programs and as always, the past year was no exception. Highlights include: Persian New Year, African Heritage, and Asian Heritage, each of which featured the talented Across Boundaries drummers as the main performers. Clients and staff were treated to a variety of different dishes, music and clothes. Each celebration was also accompanied by an educational session on the community and/or event being honoured, in order to highlight the differences that make us beautiful and unique while diminishing the ignorance that keeps us wary of making connections with each other.

The overall aim of the Social Rehab Programming is to teach and encourage self-care, healing methods, and healthy lifestyles by utilizing a holistic approach to care. This is made possible by the commitment of our dedicated Program Coordinators.

**YOUTH CONNECT(Y-CONNECT)**

In partnership with the Griffin Centre, Y-CONNECT is a program offering a range of psycho-educational services and support to transitional aged youth (15-24 years) in the Jane-Finch and surrounding communities.

While Y-CONNECT is similar to its parent program (the AMH Program) in a number of respects, Y-CONNECT staff members are faced with the unique task of reaching out to youth who, for various reasons, are unwilling to engage, and who may have been court-ordered to attend Across Boundaries. It takes a very special group to take on the challenges of the Y-CONNECT program on a day-to-day basis. Y-CONNECT provides youth and their families mental health and substance use counseling and support; case management; outreach; and drop-in programs. Our staff teams can be found in schools; malls; rec centres; churches; hostels; hospitals; and various other locations. They provide assistance in accessing community services such as education, legal, employment, and housing.

Y-Connect will continue to provide onsite counseling and support to the students of the TDSB (Toronto District School Board) on a weekly basis, in conjunction with the respective school's social workers. March is our busiest month, as various community agencies including school boards host Mental Health Awareness Week, and contact Y-CONNECT to present educational workshops (generally to the student body). Such programs as Dinner & a Movie; an information session about employment services available at JVS; and Income Tax preparation are just a few of the ongoing services provided to clients attending Y-Connect.

Our team requires a strong foundation of perseverance, resilience, and compassion in order to forge connections with youths. This work requires a very special and dedicated staff, and their work is to be commended and celebrated.

**MENTAL HEALTH AND JUSTICE INITIATIVE**

The Canadian criminal justice system has a disproportionately high rate of incarcerating racialized individuals, many of whom are suffering from mental health issues. These individuals frequently

lack adequate access to appropriate mental health services and care. Through our sustained partnership with the Toronto division of the Canadian Mental Health Association (CMHA), Across Boundaries continues to provide case management services for 34 individuals from racialized communities who are dealing with mental health issues and have been involved with the criminal justice system. These 34 clients are house in individual apartment units managed by CMHA that are dispersed around Toronto.

Our dedicated Case Managers support each of their 34 clients in overcoming their legal issues, while identifying and addressing various goals towards facilitating happier, more stable lives. Case Managers also provide short-term case management services for up to 26 participants over a period of 12 months. These supports and services assist racialized individuals who have been released from custody, have been identified with a mental health issue, and have no community mental health support in place.

**AT HOME/CHEZ SOI DEMONSTRATION PROJECT**

The At Home/Chez Soi Demonstration Project is a nation-wide initiative funded by the Mental Health Commission of Canada (MHCC), which is concentrated in 5 major cities, including Toronto. The Toronto division of the At Home/Chez Soi Demonstration project focuses on obtaining housing in the Greater Toronto Area for homeless individuals who suffer from serious mental illness. The housing model employed by the At Home/Chez Soi program is based on the Pathways "Home First" model, which is currently successfully operating in the United States.

On February 12, 2013, the Honourable Deb Matthews, Minister of Health and Long-Term Care for the Government of Ontario announced that the Ministry would be providing ongoing funding to the Toronto Site Project (which commenced on April 01, 2009), in order that the housing and support programs for participants in At Home/Chez Soi would continue after March 31, 2013. This continuation of funding was granted in light of the strong evidence of beneficial impacts of the housing program for individuals dealing with homelessness and mental health; and also because of the dedication and hard work of Toronto Site Coordinator Faye Moore, in conjunction with the three partner agencies, which includes Across Boundaries..

Across Boundaries will continue to provide specialized supports to 92 moderate-needs participants from racialized groups who have had a history of homelessness and mental health issues. The program's 6 Case Managers have supported participants in successfully achieving recovery goals including addressing mental health symptoms; enhancing life skills; navigating immigration; and improving participants' levels of education, training, and employment. Thus far, 92% of At Home/Chez Soi participants have retained their housing.

Two of our participants' journeys through the program have been documented as part of the "Here at Home" online documentary project focussing on the At Home/Chez Soi initiative. These short films were directed by Manfred Becker and produced by The National Film Board of Canada, and can be viewed online at the following links:

http://athome.nfb.ca/#/athome
http://athome.nfb.ca/athome/videos/pack/1000_CS_TOR_07_EN.mp4
http://athome.nfb.ca/athome/videos/pack/1000_CS_TOR_08_EN.mp4

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# Across Boundaries' 2013-2015 Strategic Directions

## Client Service Quality

Increase client satisfaction and improve quality by providing integrated/seamless service delivery

## Capacity Building

Enhance quality of care within the healthcare system through research, education and advocacy

## Knowledge Sharing

Strengthen organizational process, systems and knowledge

Ensure consistent implementation of Anti-Racism/Anti-Oppression and Recovery

## Resource Development

Diversify funding sources and build financial & human resource capacity

## Communications and Stakeholder Relations

Increase visibility and recognition in the health care system

## BOARD MEMBERS: 2012 – 2013

I. Abdillahi (Chair)
Keith Shrouder (Treasurer)
Suranjita Khaund
Ayshia Musleh— Vice Chair
Akanksha (Anne) Motwani
Zahra Binbrek
Andi Shi

## PAST BOARD MEMBERS: 2012-2013

Mohamed Gilao
Suranjita Khaund

## NOT RETURNING BOARD MEMBERS: 2013-2014

Ayshia Musleh

## RETURNING BOARD MEMBERS: 2013-2014

I. Abdillahi (Chair)
Keith Shrouder (Treasurer)
Akanksha (Anne) Motwani
Zahra Binbrek
Andi Shi
Raju Bains

## MANAGEMENT TEAM: 2012 – 2013

Aseefa Sarang - Executive Director
Ian Messam - Program Manager
Jim Huang - Finance/Office Manager, CGA
Jaipreet Kohli - Program Manager, At Home/ Chez Soi
Genoveva Policarpio - Acting Office Manager

## OUR STAFF: 2012-2013

Alison Pais
Amany Johnson
Amina Dualeh
Anindita Paul
Bernadette Gapuz
Chris Sidoro, RN
Daniel Sem
Dorrett Miller
Effery Flood
Everton Black
Hyacinth Francis
Jackie Patterson
Joan Cobham
Katherine Mendoza
Kerry Carpenter
Lorraine Payne
Mariam Saleh, RW
Neelam Sharma
Olivia Han Yi Li
Peri Vyramuthu
Peter Ackie
Peter Makanza
Qudsia Hadizai
Ruqia Hassan
Sagal Mohamoud
Sana Siddiqui
Siva Balaskantha
Suada Mohamud Omar
Tanya Hemley
Tegeste Emiru
Wendy Munemo

## OUR FUNDERS

Your support has helped us make our programs the success that they are:

**Central - Local Health Integrated Network - (C-LHIN)**

- Kim Baker- CEO

**Mental Health Commission of Canada**

- Faye More - Toronto Site Co-ordinator

**A special thanks to the following students, donors, volunteers, facilitators, consultants and participants of our programs who have helped us in numerous day-to-day tasks.**

- Bardeau, Brigitte
- D'Andrade, Richie-CMHA
- Du, John
- English, Michelle
- Grant, Yola
- James, Adina
- Kumar, Dr. Sameer
- Kwok, Carolyn
- Lewis, Ivan, CMHA
- Lo, Dr. Hung Tat
- Lurie, Steve
- Maramba, Jennifer
- McKenzie, Kwame-CAMH
- Mohamed, Anisa
- Moore, Ira
- Morris, Kofi
- Multani, Rajinder
- Nangwaya, Ajamu - Ph.D.
- Narain, Karuna
- Nelo, Sid
- Ng, Suzanne
- Nurani, Fazila
- Orcino, Tessie
- Perez, Fidel
- Poole, Jennifer
- Punzalan, Alex
- Qian, Bill
- Senior, Alistaire - Account Temp
- Stretea, Georgetta - CMHA
- Uy, Michelle
- Virani, Rasia
- Wang, Dr. Chao

***"If you talk to a man in a language he understands, that goes to his head. If you talk to him in his language, that goes to his heart."***

— *Nelson Mandela*

# COMMUNITY AGENCY COLLABORATION

- ACESS1
- Adam's House
- Ad Hoc Committee on Homelessness,
- Social Isolation and Mental Health Reform
- Afghan Women's Organization
- Afghan Association of Ontario
- African Legal Clinic
- Assaulted Women's Helpline
- Best Practices for Working with Homeless,
- Immigrant & Refugees
- Black Creek Community Health Centre
- Black Inmate and Friends Assembly (BIFA)
- Bloor Information and Life Skills Centre
- Booth Industries
- Burnhamthorpe Adult Learning Centre
- Canadian Centre for Victims of Torture (CCVT)
- Canadian Mental Health Association (CHMA) - Toronto
- Catholic Cross Cultural Services
- Centenary Hospital (Mental Health Clinic)
- Centennial College
- Central LHIN Mental Health and
- Addiction Network
- Centre for Addiction and Mental Health (CAMH)
- Chinese Acupuncture and Herbal Clinic
- Colour of Change Network
- Community Resources Connections of
- Toronto (CRCT)
- Concurrent Disorder Support Services
- COTA Health
- Community Treatment Order Advisory and Evaluation Committee
- COSTI
- Council of Agencies Serving South Asians - (CASSA)
- Delta Family And Child Services
- Dixon Community Services
- East Metro Youth Services
- East Scarborough Storefront
- Ecuhome Corporation
- Emery C.I.
- Ethnoracial Disabilities Coalition of Ontario
- Family Mental Health Everywhere (FAME)
- Family Outreach and Response Program
- Family Service Association of Toronto
- Fort York Residence
- Fred Victor Centre
- Friends of Alternative & Complementary
- Therapy (FACT)
- George Brown College
- Gerstein Centre
- Griffin Centre
- Harmony Hall, North York
- Health Equity Council
- Health and Racism Working Group
- Homeward
- Hong Fook Mental Health Association
- Houselink
- Humber College
- Humber River Regional Hospital
- Jane and Finch Community and Legal Services
- Jane and Finch Community and Family Centre
- Kipling C.I
- Lawrence Heights Community Health Centre
- Livonia Place, Scarborough
- Mainstay Supportive Housing
- Malvern community
- Margaret Fraser House
- Mental Health and Justice Initiative Network
- Metro East Detention Centre
- Metro Toronto Police Community -
- Metro West Detention Centre
- Liaison Division #12 Metro East
- Midaynta Somali Association
- Mount Sinai Hospital
- Nellie's Hostel
- North York General Hospital -
- Department of Psychiatry, and Substance Abuse Program and Mental Health
- North York Woman Centre
- Ontario Federation of Mental Health &
- Addiction Program
- Ontario Council of Agencies
- Serving Immigrants (OCASI)
- Promoting Economic Action Through
- Community Health (PEACH)
- Regeneration
- Rexdale Community Health Centre

- Rouge Valley Mental Health System
- Ryerson University, Department of Social Work
- Sabawoon Afghan Family Education and
- Counselling Centre (SAFE)
- Saint Elizabeth Mobile Crisis
- Saint Joseph's Hospital
- Saint Michael's hospital
- Salvation Army Maxwell Meghan Centre
- Scarborough General Hospital Day Clinic and
- Forensic Case Management Program
- Seaton House
- Sistering
- South Asian Women Centre South
- South Asian Legal Clinic of Ontario (SALCO)
- South East Toronto Mental Health Network
- South Etobicoke Community Legal Services
- Supportive Housing in Peel
- Supportive Housing and Diversity (SHAD)
- The Stop Community Food Centre
- Toronto Community Housing Corporation (TCHC)
- Toronto Central LHIN Diversity Project Committee
- Toronto North Support Service
- Toronto Bail Program - Mental Health Coordinator - Cultural Competency Position Paper Committee
- Toronto District School Board
- Toronto Parks, Forestry and Recreation
- Toronto Western hospital
- Turning Point Youth Shelter
- University of Toronto, School of Nursing
- Vasantham: A Tamil Seniors Wellness Centre
- Villanova Foundation
- Whitby Mental Health Centre
- Womens' Counselling, Referral and Education Centre (WREC)
- York University, Social Work
- Youth Court Action Plan Program
- Youth Inc.
- 416 Drop in Center

***"Every one of us gets through the tough times because somebody is there, standing in the gap to close it for us."***

***-*** *Oprah Winfrey*

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