ACROSS BOUNDARIES

# 19th Annual General Meeting

# 2013-2014 Annual Report

**19th Annual General Meeting**
**Monday, September 29th, 2014**
**Held at 51 Clarkson Ave., Toronto, ON., M6E 2T5**

# AGENDA

1. Welcome from the Chair

2. Approval of the Agenda

3. Approval of Previous Year's Minutes

4. Executive Director Report

5. Treasurer's Report
   - Acceptance of Financial Report
   - Appointment of Auditor

6. Nominations Committee Report
   - Election of Board of Directors

7. Adjournment and Thanks

9. Dialogue on "***Critical Responses to Violence and Policing in Mental Health"*** *with:*

***Anthony Morgan, Policy & Research Analysis Lawyer, African Canadian Legal Clinic and Shane Martinez, Barrister and Solicitor***

ACROSS BOUNDARIES

## VISION

Dignified, inclusive and compassionate mental health and addiction services for racialized communities.

## MISSION

To provide equitable, inclusive and holistic mental health and addiction services for racialized communities within an anti-racism/anti-oppression framework.

## OUR GOALS:

***Across Boundaries recognizes that…***

- Racism and racial discrimination impacts on the health and mental health of individuals and communities of colour.
- Individual and systematic racism is a barrier to accessing health and mental health care for people of color.
- There is diversity among people of color who, in addition to race, may also be discriminated against based on their religion, language, ethnicity, class, gender, sexual orientation, disabilities, age, country of origin and citizenship status.

## OUR VALUES:

### Equity

We recognize the intersectionality of identities among people of colour, and address the disparities related to social location by providing services that reflect the needs and realities of our program participants.

### Transparency

We are accountable to our program participants **and to the communities we serve** and provide respectful services and programs.

### Client-Centered

We recognize the importance of the whole person, and the role of the family and community in their recovery and wellness.

### Collaborative

We work in partnership with individuals, families, communities and other agencies to build capacity and address the needs of our program participants and support their health and recovery.

### Innovative

At Across Boundaries, we are responsive to the ever-changing realities. We include a variety of **healing approaches** to **help achieve and maintain wellness** in ways that are meaningful and relevant to the lived experiences, and cultures of our program participants.

### Holistic

We believe in addressing the interdependence of the spiritual, emotional, mental, physical, social, cultural, linguistic, economic and broader environmental aspects of health that affect the well being of people of colour.

**"Racism is not an excuse to not do the BEST you can".**

*— Arthur Ashe*

# Across Boundaries'

# 2013 — 2015 STRATEGIC DIRECTIONS

## 1. CLIENT SERVICE QUALITY

- Increase client satisfaction and improve quality by providing integrated/seamless service delivery

## 2. ORGANIZATIONAL CAPACITY

- Strengthen organizational process, systems and knowledge
- Ensure consistent implementation of Recovery, Anti-Racism and Anti– Oppression

## 3. KNOWLEDGE SHARING

- Enhance quality of care within the healthcare system through research, education and advocacy.

## 4. RESOURCE DEVELOPMENT

- Diversity funding sources and build financial & human resource capacity

## 5. Communications and Stakeholder Relations

- Increase visibility and recognition in the health care system

# BOARD CHAIR & EXECUTIVE DIRECTOR'S REPORT

**September 29th, 2014**

It is with great pleasure and excitement that we present our annual report highlighting the achievements and challenges of Across Boundaries for the fiscal year 2013 - 2014 to our membership.

The past year has been our busiest yet! In addition to our standard workload, we have also responded to emerging trends within the sector, and created new and exciting opportunities for our organization. We have also spent considerable time reviewing and reflecting on our existing practices, and based on our strategic directions – enhancing the quality of participant experiences – our conclusion was to refresh our anti-racism/anti-oppression philosophy and its application to our services, along with applying additional review to our clinical practices.

Many changes have taken place at the agency, which have enabled us to enhance our service delivery, organizational direction, and commitment to addressing larger structural barriers impacting racialized communities. In order to support our internal reorganization, Across Boundaries hired a Clinical Director with the express intention of continuing to provide critical, practice to service users, as well as to further develop our anti-racism/anti-oppression framework. We are proud to report that this work is moving ahead with the full support and engagement of our staff, as well as our program participants and board members. Furthermore, we have developed a Quality Assurance Committee, providing a framework for discussing our services, new ways of thinking about quality, enhancing engagement with service users, new ways of engaging the board, as well as embedding these subsequent processes into our work. It is the board's expressed intention that this work will provoke a natural transition toward Across Boundaries embarking accreditation process in the very near future.

The rebranding of our original logo and website was another significant project undertaken this year. We are happy to announce our new logo, which expresses our vision of **action** to address racism/oppression; **transformation** of policies through our active involvement with various committees; new beginnings for staff and program participants as they jointly journey toward **change**; **interconnectedness** among our communities; and dedication to challenging sanism and related oppressions. We will unveil the logo at this year's Annual General Meeting (AGM), where we hope it will bring you a sense of critical hope, inspiration, and resistance.

This past year has also been one of additional growth. In collaboration with CHMA-Toronto, CMHA-York, and Addiction Services York Region (with CMHA-Toronto operating as the lead agency), Across Boundaries applied for and received Housing First funding through the Central Local Health Integration Networks (Central LHIN). While this funding does not provide rent supplements, we are excited by this demonstration that the values of the Housing First principles are important to the LHIN, and that we are enable to continue our commitment to these principles, in line with the Mental Health Commission of Canada's At Home/Chez Soi Project. Through this collaborative process, Across Boundaries was additionally able to garner two new valued positions for the agency: one nurse case manager, and one peer support worker. We are thrilled with these new members of our home team!

Last year, we said a bittersweet goodbye to our long-term corporate lawyer Yola Grant. Yola's history with and commitment to issues of equity far precedes her work at Across Boundaries, where she has served as our agency lawyer for over fourteen years. Yola has recently accepted a position as an Associate Chair with the Human Rights Tribunal of Ontario and while the staff, board, and program participants at Across Boundaries will miss Yola's wisdom and guidance, we wish her all the best in this new role in her career. Congratulations, Yola! Our loss it the Tribunal's gain!

As we work hand-in-hand with our dedicated staff, board members, volunteers, and program participants, we look forward to another interesting, challenging and fulfilling year!

Respectfully submitted:

I. Abdillahi
Board Chair

Aseefa Sarang
Executive Director

***"You know my name, NOT MY STORY.***
***You've heard what I've done, but not what I've been through."***

*-J.a.Burkett*

# DRAFT Minutes of the Eighteenth Annual General Meeting of Across Boundaries
## Tuesday, October 1, 2013, 6:35 pm
## 51 Clarkson Ave., Toronto, Ontario, M6E 2T5

The Annual General Meeting was hosted by Ms. Tessie Orcino, on behalf of the board. Ms. Orcino has been associated with Across Boundaries for over three years.

**1. Welcome**

Board Chair I. Abdillahi welcomed over sixty guests (including members, colleagues, volunteers, staff and program participants) to the eighteenth Annual General Meeting, thanking them for their continued support of Across Boundaries over the past year. The Chair next thanked the board members for their ongoing contributions toward the operation and missions of Across Boundaries; before directing guests to the distributed Annual Report, which detailed Across Boundaries' activities over the last fiscal year.

**2. Agenda Approval**

The meeting's agenda was approved as circulated.
Moved by: Keith Shrouder
Seconded by: Judy Simmons
CARRIED

**3. Approval of Previous Year's Minutes**

The minutes of the seventeenth Annual General Meeting held on October 30, 2012, were approved as circulated.
Moved by: Miles Thomas
Seconded by: Carlton Williams
CARRIED

**4. Executive Director's Report**

Executive Director Aseefa Sarang highlighted the accomplishments of the organization over the last year, acknowledging the contributions of the board members, management team, and staff. She delivered a report on the updated status of the At Home/Chez Soi project, which had ceased running under the Mental Health Commission of Canada (MHCC) on March 21, 2013; and which has since transitioned to permanent funding from the Central Local Health Integration Networks (CLHIN) as of April 1, 2013. Ms. Sarang also expounded on the organization's Strategic Directions from 2013 to 2015, before transitioning to the opportunity for financial services through a back office integration collaboration with Canadian Mental Health Association (CMHA).

The Executive Director closed her report by thanking the staff for their hard work, as "[they] work at Across Boundaries not because of the pay, but because they care"; thanking the board members for the commitment and dedication to volunteering at Across Boundaries; and by thanking the program participants for their resilience and courage in continuing on their journey of recovery.

**5. Treasurer's Report**

Keith Shrouder, Treasurer of the Board, presented the audited financial statements for the year ended March 31, 2013, stating that Across Boundaries received the bulk of its funding from the Central LHIN, as well as some additional income through donations and other revenue. Mr. Shrouder attested that Across Boundaries' finances were responsibly managed, and made a motion for approval of the Audited Financial Statements for the fiscal year 2012 - 2013.

Moved by: Sandra Smith
Seconded by: Shainell Manson
CARRIED

**6. Appointment of Auditor**

Keith Shrouder, Treasurer of the Board, made a motion to appoint the firm Clarke Henning LLP to be the auditor for Across Boundaries for the fisal year 2013 - 2014.

Moved by: Mumtaz Syed
Seconded by: Sandra Smith
CARRIED

**7. Nomination Committee Report**

The slate of nominees for the Board for the upcoming year was proposed as circulated. The following motion was tabled:

"I. Abdillahi, Akanksha (Anne) Motwani), Zahra Binbrek, Andi Shi, Keith Shrouder, Suranjita Khaund, and Raju Bains become members of the Board of Directors of Across Boundaries for the year 2013 - 2014."

Moved by: Judy Simmons
Seconded by: Shainell Manson
CARRIED

**8. Other Business**

Zahra Binbrek, Member of the Board, reviewed Across Boundaries' by-laws, and presented them to the membership for approval after a short discussion.

Moved by: Mumtaz Syed
Seconded by: Shawn Ram
CARRIED

**9. Adjournment and Thanks**

Meeting was adjourned at 7:10pm.

Moved by: Sandra Smith
Seconded by: Judy Simmons
CARRIED

**10. A Participant's Journey**

Peter Ackie, Case Manager, Adult Mental Health Program, introduced former Across Boundaries client D.A., who had been invited to share his experiences living as a racialized immigrant.

D.A. spoke warmly of his mother, who had been his greatest supporter until her death, and whom he still misses terribly. As an immigrant, and as a racialized individual, D.A. struggled to integrate into his new community. The resources were so scarce that led him to depression and mental illness. It was then that he became involved with Across Boundaries. D.A. expressed gratitude to the organization for the patience, guidance, and support he received from its staff. D.A. is currently enrolled at George Brown College, and is on his way to becoming a Law Clerk. He is an individual with goals, and the determination to reach those goals!

**11. NFB Documentary Screening**

Jaipreet Kholi, Program Manager, presented the following videos (see below for links) chronicling some of Across Boundaries' participants' experiences on the At Home/Chez Soi project. These videos were produced by the NFB (National Film Board) in consultation with the MHCC, and were very well-received by the membership.

- http://athome.nfb.ca/#/athome
- http://athome.nfb.ca/athome/videos/pack/1000_CS_TOR_07_EN.mp4

◊ http://athome.nfb.ca/athome/videos/pack/1000_CS_TOR_08_EN.mp4

**12. Presentations: Across Boundaries' Music Program**

Members of the Across Boundaries Music Program entertained us all with an evening full of drumming and musical presentations.

**13. Presentation: "A Critical Exchange of Ideas on Race, Mental Health, Labour and the Justice System," featuring guest speakers I. Abdillahi and Dr. Ajamu Nangwaya.**

This presentation resulted in a lively discussion amongst the membership on: the impact of neo-liberalism; the elimination of the social safety net and subsequent impacts on the poor; the emphasis on "evidence-based practice" and how this is a barrier for racialized individuals; the importance of liaising with other organizations through education and conferences; connecting with broader activist movements; getting involved in advocacy and activism; as well as the impact of new racism, marginalization, sanism and ableism on service users and social service providers.

**"Beneath the armor of the skin and bone and mind, most of our colors are amazingly the same".**

*-Aberjhani*

# ACROSS BOUNDARIES: AN ETHNORACIAL MENTAL HEALTH CENTRE

## STATEMENT OF OPERATIONS

## YEAR ENDED MARCH 31, 2014

| | | 2014 | 2013 |
|---|---|---|---|
| Revenues | | | |
| Grants | - Central Local Health Integration Network *(note 5(b))* | $ **2,946,978** | $ 2,260,775 |
| | - Canadian Mental Health Association | **4,500** | - |
| | - Mental Health Commission of Canada | **-** | 676,710 |
| Donations and other revenue | | **46,222** | 17,617 |
| | | **2,997,700** | 2,955,102 |
| Expenses | | | |
| Salaries, benefits and sub-contractors | | **1,771,440** | 1,878,107 |
| Referred out services | | **492,050** | 414,350 |
| Program and general | | **208,342** | 131,610 |
| Office rent and utilities | | **138,992** | 153,255 |
| Professional fees | | **64,664** | 74,910 |
| Sessional expenses | | **44,778** | 43,177 |
| Training and travel | | **101,027** | 125,052 |
| Telephone and fax | | **22,900** | 19,352 |
| Small equipment purchases and maintenance | | **98,538** | 110,111 |
| Printing and publicity | | **17,591** | 4,059 |
| One time training program expense | | **-** | - |
| | | **2,960,322** | 2,953,983 |
| Amortization | | **43,989** | 84,224 |
| Amortization of deferred capital contributions | | **(43,989)** | (84,224) |
| | | **2,960,322** | 2,953,983 |
| Excess of revenues over expenses for the year | | $ **37,378** | $ 1,119 |

# ACROSS BOUNDARIES
# PROGRAM AND SERVICES REPORT

## ADULT MENTAL HEALTH PROGRAM

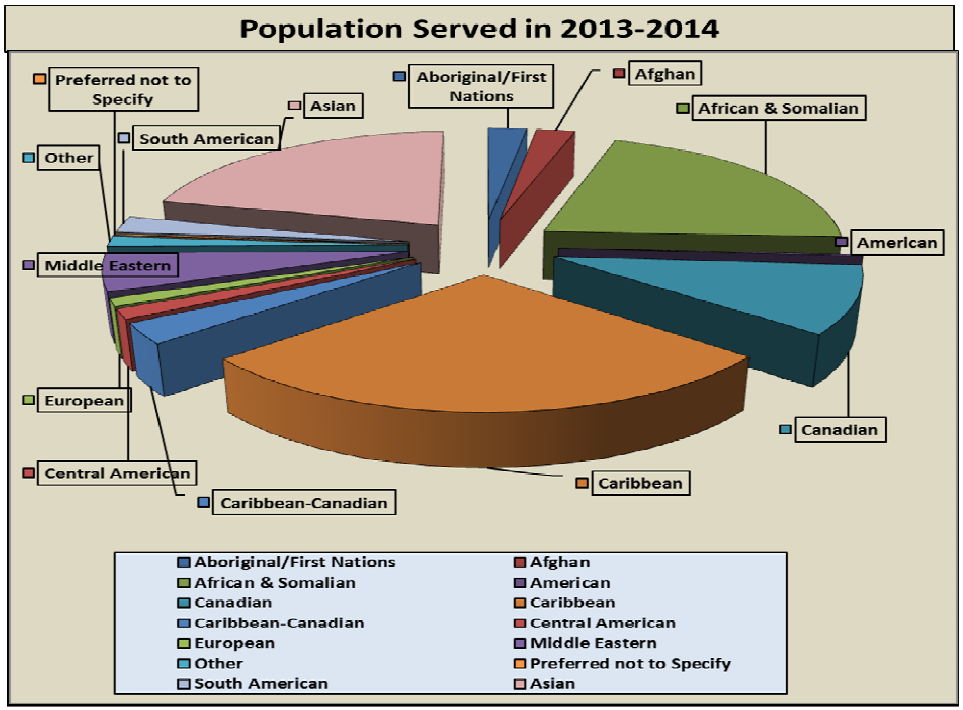
During this past year, Across Boundaries' Adult Mental Health Program (AMH) has continued to provide service and care to an average of 120 program participants. Our staff continue to perform at a level that illustrates dedication, compassion, and a professional stance as an agent of Across Boundaries. Our Case Managers' tenacious work ethic is the determining factor in achieving participants' success and satisfaction, This work ethic is applied through practices proven to be the least intrusive and most therapeutic, and through always prioritizing the client's choices of environment and lifestyle. The Case Manager's position is very demanding, yet these committed staff members additionally make time to liaise with the community by participating in outreach programs; building relationships; doing presentations and conducting workshops.

By partnering with other agencies in the mental health and addictions sector, clients have the benefit of linking with community resources and natural supports. All of these objectives are carried out using a holistic, anti-racism/anti-oppression framework.

## SOCIAL REHAB PROGRAMS

Across Boundaries' Social Rehab Program is considered to be the heart of the agency. Social Rehab is a continually evolving program, running Monday to Friday, and serving as many as 30 - 50 participants each day. These decisions included developing a Client Advisory Committee, meeting once per month to discuss progress, raise concerns, and identify the issues within the agency requiring further attention due to their effect on day-to-day patient interactions; as well as the introduction of a confidential suggestion box which program participants may use to freely voice their opinion without fear of reprisal. This emphasizes to the program participants that their opinions are highly valued by our organization.

The Consumer Survivor Initiative program encourages program participants to practice their skills in the kitchen by preparing meals for themselves, or for the 40 - 50 additional program participants who attend our facilities for either breakfast, lunch, or both, on any given day. This program has become very popular with our program participants, as many of them live alone, and thus benefit



from learning with their peers in the kitchen and applying newly developed skills in their day to day lives .

Across Boundaries holds several weekly programs such as Women's Group, Men's Group, Life Skills, ESL, Computers 101, Music Therapy, Creative Expression, Traditional Chinese Medicine (TCM), Yoga, Chi Qong, Peer Support, Current Events, and Tamil-Peer Support Storefront. These groups cater to basic, intermediate, or advanced learners, and provide them with the knowledge, skills, and resources to improve personal, interpersonal, and community functioning. However, our services are not limited to the weekly groups programs - we also organize a number of events, workshops, and excursions to keep our program participants engaged. These include, but are not limited to: workshops on Nutrition for Program participants with Diabetes, Understanding ODSP/OW, Immigration Laws/New Immigrant Rights; and trips to Milliken Park, Earl Bales Park, and the Art Gallery of Ontario (AGO). We apply an intersectional educational approach, blending useful information with memories and experiences that may last a lifetime.

Educational opportunities were also provided to program participants through interactive learning sessions on education and empowerment issues. These monthly workshops address issues of gender, race, and institutional racism and oppression.

Program participants received further opportunities for learning through consultation with our three consulting psychiatrists, who are on-site once a week to provide assessment for program participants, and clinical education for both staff and program participants. As many of our program participants enter our doors without any diagnosis or having ever met with a physician, these consultations and education sessions are yet more critical components of our program as a whole.

Celebrations have always been an integral part of our Social Rehab Programs, and this past year was no exception. We held celebrations for Persian New Year, African Heritage, and Asian Heritage, each of which featured the talented Across Boundaries Drummers as the highlight, of course. Program participants and staff were treated to a variety of different ethnic dishes, music, and clothing, as well as education on the particular differences that make us each unique and beautiful in every aspect of our daily lives.

The aim of the Social Rehab Programs is to teach and encourage self-care, healing methods, and healthy lifestyles using a holistic approach and application. All of this work is made possible by our incredibly dedicated Program Coordinators. Well done.

**WEEKLY PROGRAMS**

- Women's Group
- Men's Group
- Life Skills
- ESL
- Computers 101
- Music Therapy
- Creative Expression
- Traditional Chinese Medicine (TCM)
- Yoga
- Chi Qong
- Peer Support
- Current Events
- Tamil-Peer Support Storefront

## YOUTH CONNECT (Y-CONNECT)

A program in partnership with the Griffin Centre for the past 8 years, Y-CONNECT offers a range of supports and services for transitional-aged youth (15 - 24 years of age). Once concentrated predominantly in Jane-Finch and the surrounding communities, Y-CONNECT has now expanded its services to include the city of Toronto (east to Port Union; north to Steeles; west to Islington, and South to Lakeshore). As

such, as of July 01, 2013, Across Boundaries' Y-CONNECT staff has re-located their office to Clarkson Avenue, as an initiative to expand the program and its ability to reach a greater clientele. Y-CONNECT staff members provide youths and their families mental health and substance abuse counseling and support, case management, outreach, and drop-in programs. Our staff team can be found in schools, malls, recreation centres, churches, hostels, and many other locations in the city. They provide assistance in accessing various community services in educational, legal, employment, and housing sectors. Y-CONNECT has also been involved in an effort to develop front-line staff training modules for service providers to utilize when engaging with youth and families dealing with mental health and substance abuse issues.

Currently, Y-CONNECT provides on-site counseling and support to students of pre-identified TDSB/TCDSB schools on a weekly basis, in conjunction with the school's respective social worker. Our busiest time of year begins in March, when the School Board, with other community agencies, hosts Mental Health Awareness Week. During this time, Y-CONNECT is called upon to provide educational workshops, occasionally to small groups, but generally to the overall student body. We have always received very positive feedback.

Programs including but not limited to Young Men's Group, Courage to Stand Young Ladies' Group, Westview Caribbean Group, Massive Attack, and Women Moving Forward, are available for youth to participate in on an ongoing weekly basis. As of date Y-CONNECT has also partnered with FYI (For Youth Initiative) located in Toronto's west end, and Pathways to Healthy Life Choices located in the Jane-Finch area, focusing on youths and substance abuse. We are also in the process of partnering with Goodwill Employment Services, which will allow us to offer much-needed employment opportunities for our participants.

Hats off to a truly special group of staff working with youth for a job well done.

## MENTAL HEALTH JUSTICE INITIATIVE

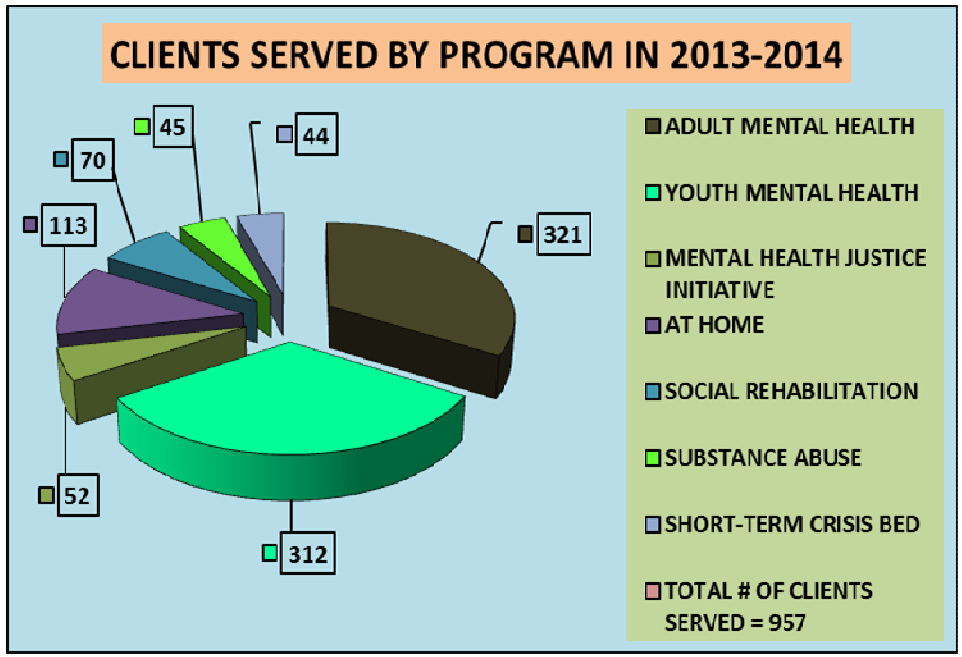
Through a partnership with the Canadian Mental Health Association of Toronto (CMHA), Across Boundaries is continuing to provide case management services for 34 tenants from racialized communities who are dealing with mental health issues, and have been involved with the criminal justice system. These 34 apartment units are dispersed around the city of Toronto, and are managed by CMHA.

Our Case Managers support program participants in overcoming their legal issues, while identifying and orienting them toward various goals through which to facilitate happier, more stable lives. A dedicated Case Manager also provides short-term case management services for up to 26 participants over a period of 12 months. These services target and assist racialized individuals who have been released from custody and identified with a mental health issue, but have no community mental health support in place.

The Canadian criminal justice system incarcerates a disproportionately high number of racialized individuals. Furthermore, many racialized individuals suffering from mental health issues end up in the prison system due to a lack of adequate access to appropriate mental health services and supports in the community. These factors underline the fundamental nature of the work done through Across Boundaries' Mental Health and Justice Initiative.

## AT HOME

The At Home/Chez Soi Demonstration Project was a nation-wide project held in 5 majors cities across Canada, including Toronto, funded by the Mental Health Commission of Canada (MHCC). On February 12, 2013, The Toronto site project, which commenced on April 1, 2009, received permanent Government of Ontario funding, as announced by the Honourable Deb Matthews, Minister of Health and Long-Term Care. The funding allowed us to continue the housing and support programs after March 31, 2013.




This past year, our primary focus was on establishing new infrastructures for the program's clinical and housing supports while continuing to provide specialized supports to 88 moderate-needs racialized program participants with a history of homelessness and mental health issues. 92% of our past participants have retained their housing, and the program's 6 Case Managers have supported countless program participants to successfully achieve recovery goals including addressing mental health symptoms, enhancing life skills, immigration, education, training, and employment. .. The At Home/Chez-Soi Team underwent another fidelity test in order to determine alignment with the initial research study and the permanent program. The immediate feedback by the fidelity team as usual highlighted the excellent work our staff are doing in ensuring the principles of Housing First are consistently applied and that the principles intersected very well with our Anti-racism/ Anti-oppression framework.

Across Boundaries has successfully implemented both OCAN (Ontario Common Assessment of Need) and IAR (Integrated Assessment Record) into the programs. These systems have been adopted across the agency and have become essential tools with which to generate data that directs how to best provide service to the program participants and identify any unmet needs. Furthermore in order to ensure the effectiveness of our programs, the annual Program Satisfaction Questionnaire was completed by a number of participants. The feedback allowed us to take a critical look at our current practices, and guided us in making important decisions with regards to the future direction of our programs.

Finally the hiring of Across Boundaries' new Clinical Director, Greg Cross, has enabled a streamlining of services and standardize practices across the agency further enhancing our service delivery. Greg's role is to provide clinical oversight, strengthen the application of the anti-racism/anti-oppression framework in service delivery, develop appropriate partnerships, oversee research and take a lead in implementing the necessary activities leading to an accreditation process for the agency.

***Our special thanks to our funder, donors, service partners, volunteers, facilitators, consultants, students and participants of our programs who have helped us in numerous day-to-day tasks.***

## Our Funder:

Your support has helped us make our programs the success that they are:

- **Central - Local Health Integrated Network - (C-LHIN)**
  - Kim Baker- CEO

Ontario
Central Local Health Integration Network

## Our Donor:

- **ECHO Foundation**

## Our Formal Service Partners

- Griffin Centre
- CMHA Toronto
- COTA Health
- Toronto North Services
- CMHA-York
- Addiction Services York Region

## Facilitators, Volunteers, Consultants, Students and Participants

- Bailey, Keresa
- D'Andrade, Richie-CMHA
- Du, John
- English, Michelle
- Francis, Nissa
- Grant, Yola
- George, Benita
- George, Tajan
- Husseini, Naro
- Kumar, Dr. Sameer
- Kwok, Carolyn
- Lee, Kanae
- Lewis, Ivan, CMHA
- Lo, Dr. Hung Tat
- Lurie, Steve
- McPherson, Patricia
- Mohamed, Anisa
- Mohan, Namrta
- Moore, Ira
- Morris, Kofi
- Nangwaya, Ajamu - Ph.D.
- Narain, Karuna
- Nurani, Fazila
- Orcino, Tessie
- Perez, Fidel
- Pemberton, Joenice
- Punzalan, Alex
- Qian, Bill
- Tao, Ghul
- Uy, Michelle
- Virani, Rasia
- Vern, Harper
- Wang, Dr. Chao

# COMMUNITY AGENCY COLLABORATION

- ACESS1
- Arts Gallery of Ontario (AGO)
- Adam's House
- Ad Hoc Committee on Homelessness,
- Social Isolation and Mental Health Reform
- Afghan Women's Organization
- Afghan Association of Ontario
- African Canadian Legal Clinic (ACLC)
- Assaulted Women's Helpline
- Best Practices for Working with Homeless, Immigrant & Refugees
- Black Creek Community Health Centre
- Black Inmate and Friends Assembly (BIFA)
- Bloor Information and Life Skills Centre
- Booth Industries
- Burnhamthorpe Adult Learning Centre
- Canadian Centre for Victims of Torture (CCVT)
- Canadian Mental Health Association (CMHA) - Toronto & York
- Catholic Cross Cultural Services
- Centenary Hospital (Mental Health Clinic)
- Centennial College
- Central LHIN Mental Health and Addiction Network
- Centre for Addiction and Mental Health (CAMH)
- Chinese Acupuncture and Herbal Clinic
- Colour of Change Network
- Community Resources Connections of Toronto (CRCT)
- Concurrent Disorder Support Services
- COTA Health
- Community Treatment Order Advisory and Evaluation Committee
- COSTI
- Council of Agencies Serving South Asians - (CASSA)
- Delta Family And Child Services
- Dixon Community Services
- East Metro Youth Services
- East Scarborough Storefront
- Ecuhome Corporation
- Emery C.I.
- Ethnoracial Disabilities Coalition of Ontario
- Family Mental Health Everywhere (FAME)
- Family Outreach and Response Program
- Family Service Association of Toronto
- Fort York Residence
- Fred Victor Centre
- Friends of Alternative & Complementary Therapy (FACT)
- George Brown College
- Gerstein Centre
- Griffin Centre

- Harmony Hall, North York
- Health Equity Council
- Health and Racism Working Group
- Homeward
- Hong Fook Mental Health Association
- Houselink
- Humber College
- Humber River Regional Hospital
- Jane and Finch Community and Legal Services
- Jane and Finch Community and Family Centre
- Kipling C.I
- Lawrence Heights Community Health Centre
- Liaison Division #12 Metro East
- Livonia Place, Scarborough
- Mainstay Supportive Housing
- Malvern community
- Margaret Fraser House
- Mennonite New Life Centre
- Mental Health and Justice Initiative Network
- Metro East Detention Centre
- Metro Toronto Police Community -
- Metro West Detention Centre
- Midaynta Somali Association
- Mount Sinai Hospital
- Nellie's Hostel
- North York General Hospital -
- Department of Psychiatry, and Substance Abuse Program and Mental Health
- North York Woman Centre
- Ontario Federation of Mental Health & Addiction Program
- Ontario Council of Agencies Serving Immigrants (OCASI)
- Promoting Economic Action Through Community Health (PEACH)
- Regeneration
- Rexdale Community Health Centre
- Rouge Valley Mental Health System
- Royal Ontario Museum (ROM)
- Ryerson University, Department of Social Work
- Sabawoon Afghan Family Education and
- Counselling Centre (SAFE)
- Saint Elizabeth Mobile Crisis
- Saint Joseph's Hospital
- Saint Michael's Hospital
- Salvation Army Maxwell Meghan Centre
- Scarborough General Hospital Day Clinic and Forensic Case Management Program
- Schizophrenia Society of Ontario
- Seaton House
- Sistering
- South Asian Women Centre South
- South Asian Legal Clinic of Ontario (SALCO)
- South East Toronto Mental Health Network
- South Etobicoke Community Legal Services

- Supportive Housing in Peel
- Supportive Housing and Diversity (SHAD)
- The Stop Community Food Centre
- Toronto Community Housing Corporation (TCHC)
- Toronto Central LHIN Diversity Project Committee
- Toronto North Support Service
- Toronto Bail Program - Mental Health Coordinator -
- Cultural Competency Position Paper Committee
- Toronto District School Board
- Toronto Parks, Forestry and Recreation
- Toronto Western hospital
- Turning Point Youth Shelter
- University of Toronto, School of Nursing
- Vasantham: A Tamil Seniors Wellness Centre
- Villanova Foundation
- Whitby Mental Health Centre
- Womens' Counselling, Referral and Education Centre (WREC)
- Womens Health In Womens Hands
- York Support Services Network
- York University, Social Work
- Youth Court Action Plan Program
- Youth Inc.
- 416 Drop in Center
- 519 Church Street Community Centre

# OUR TEAM

## BOARD MEMBERS 2013-2014

- I. Abdillahi (Chair)
- Akanksha (Anne) Motwani (Vice - Chair)
- Zahra Binbrek
- Andi Shi
- Raju Bains
- Di "Woody" Wu (Treasurer)
- Keith Shrouder (Treasurer)
- Suranjita Khaund

## MANAGEMENT TEAM 2013-2014

- Aseefa Sarang - Executive Director
- Gregory Cross - Clinical Director
- Ian Messam - Program Manager
- Jaipreet Kohli - Program Manager, At Home
- Genoveva Policarpio - Office Manager

## STAFF 2013-2014

- Amina Dualeh
- Andri Cahyadi
- Anindita Paul
- Anisa Mohamed
- Benita George
- Carmen Contreras
- Christopher Elcock
- Christopher Sidoro, RN
- Daniel Sem
- Dorrett Miller
- Effery Flood
- Jackie Patterson
- Joann Boswell
- Katherine Mendoza
- Kerry Carpenter
- Lorraine Payne
- Mariam Saleh, RW
- Michelle English
- Neelam Sharma
- Olivia Han Yi Li
- Peri Vyramuthu
- Peter Ackie
- Peter Makanza
- Qudsia Hadizai
- Ruqia Hassan
- Sagal Mohamoud
- Shen Adachi
- Suada Mohamud Omar
- Tanya Hemley
- Tegeste Emiru
- Wendy Munemo

**Length of Service at Across Boundaries**

- **16 - 20 years**
- **11 - 15 years**
- **6 - 10 years**
- **1 – 5 years**
- **- < a year**

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E-Mail: **info@acrossboundaries.ca** Web Site: **http://www.acrossboundaries.ca**