

This copy is for your personal non-commercial use only. To order presentation-ready copies of Toronto Star content for distribution to colleagues, clients or customers, or inquire about permissions/licensing, please go to: www.TorontoStarReprints.com

GTA

Requests for mental health care higher than ever for racialized communities hardest hit by COVID-19

Policymakers urged to address the inequities that made visible minorities more vulnerable to COVID as the city and province look to move forward from the pandemic.

By **Nadine Yousif** Mental Health Reporter

Sun., May 15, 2022 |  5 min. read

 Article was updated May. 16, 2022

READ THE CONVERSATION (5)

Before the [COVID-19](#) pandemic, more than 40 people walked through the doors of Across Boundaries daily, looking for anything from art therapy, to literacy lessons, to a healthy meal for breakfast or lunch.

But as the virus began to spread, the mental health agency focused on helping racialized communities in [Toronto's northwest](#) quickly began losing touch with many of the people it helped.

Copyright owned or licensed by Toronto Star Newspapers Limited. All rights reserved. Republication or distribution of this content is expressly prohibited without the prior written consent of Toronto Star Newspapers Limited and/or its licensors. To order copies of Toronto Star articles, please go to: www.TorontoStarReprints.com